



UNIVERSITY OF OREGON ATHLETICS

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For Immediate Use
May 2, 2006

Ducks Wrap Up Home Season in Oregon Twilight & Pac-10 Hep/Dec

MEET INFORMATION

Meet: Oregon Twilight

Location: Hayward Field, University of Oregon, Eugene, Oregon

Dates: Friday, May 5

First Event: 4:30 p.m. Men's Javelin

Last Event: 8:15 p.m. Men's 3,000m Steeplechase

Results Website: www.GoDucks.com

Single Meet Tickets: Reserved \$7; General Admission - \$5 Adult, \$3 Children (ages 2-17) and Senior Citizens (62 or older). \$2 per person group rates (10 or more). Call 346-4461 locally or 1-800-WEB-FOOT. The ticket office in the Bowerman Building on the northwest side of the track on 15th Avenue will open 1 1/2 hours before the first event. Friday's meet is a Bi-Mart Family Day ticket general admission ticket special where 2 adults and unlimited kids for \$10 when they present a Bi-Mart card at the ticket booth.

Special Collection: The UO Student-Athlete Advisory Council (SAAC) has taken hurdler Amanda Santana's younger sister, Bailey Santana, an 8 year-old girl diagnosed with cancer, under their wing and declared her their UO Duckling. At the remaining home track and field meets in '06, student-athletes will collect donations to help pay for medical expenses.

Meet: Pacific-10 Conference Championships Heptathlon / Decathlon

Location: Hayward Field, University of Oregon, Eugene, Oregon

Dates: Saturday-Sunday, May 6-7

First Events: Noon (Saturday), 12:15 p.m. (Sunday)

Last Events: 5 pm (Saturday), approx. 5:30 p.m. (Sunday)

Results Website: www.GoDucks.com

Admission: Free for the Pac-10 Hep/Dec

OUTDOOR VOL. 7: Track and Field Teams Make Final Prep for Pac-10 Championships.

EUGENE - The University of Oregon track and field teams wrap up their regular season this weekend with three days of action, kicked off by the Oregon Twilight, Friday May 5. Oregon's fourth home meet of the season will serve as final preparation for the upcoming Pacific-10 Conference Championships, presented by 76 ProClean Gasolines, on Sat.-Sun., May 13-14, which will travel to Eugene for the sixth time since 1960, and first time since 2000. The Pac-10 multi-events competition will also take place this weekend on Sat.-Sun., May 6-7 from approximately noon – 5:30 p.m., and admission is free to the public.

The Pac-10 boasts many of the nation's top multi-event athletes, including five heptathletes ranked top 10 among collegians this year, while three league men have already topped the NCAA provisional 7,000-point barrier this season.

Redshirt senior decathlete **Andrew Young** is the top returning Pac-10 decathlete from last year after he took second place (7,165 points) for his third top-five career finish, and is a two-time NCAA decathlon veteran (11th in '05, 13th in '04). A pair of women's heptathletes – redshirt freshman **Kalindra McFadden** and senior **Lauryn Jordan** – currently rank ninth and 10th nationally with their strong NCAA provisional scores of 5,428 and 5,426 points, respectively. McFadden and Jordan also moved to fifth and sixth all-time for UO with their heptathlon personal bests from the Mt. SAC Relays in mid-April. Last season Jordan was an NCAA qualifier and Pac-10 placer (14th/fourth) in her first season for UO.

Looking ahead to the league finale, the 'Men of Oregon' will seek their third conference team title in four years after they won in 2003 and '05, and last year they piled up points in 18 of the 21 events, and 21 of UO's men's athletes scored top-eight finishes. The UO women tallied 68 points last year for seventh place in the UCLA-hosted finale for their highest team score since 1998.

Duck track and field alumni are strongly encouraged to sign up in advance for the team's **Homecoming Celebration** that features a Saturday evening reception at Hayward Field on May 13 at the end of the first day of the Pac-10 Championships. Admission to the event includes a catered dinner at Hayward Field, 'Fire on the Track' DVD, a special commemorative T-shirt, and access to a special seating section at the meet. More information is available at the Homecoming Info link on the left side of the GoDucks.com track and field page.

Last weekend, in the Penn Relays in Philadelphia, senior All-America hurdler **Eric Mitchum** took second in the collegiate 110m hurdles final (13.83) for his sixth sub-14.00 clocking of 2006 in as many races, while the men's 4x400m relay of senior **Travis Anderson**, redshirt junior **Jordan Kent**, senior **Akobundu Ikwuakor** and senior **Matt Scherer** took fifth (3:10.90) and featured a 44.8-second anchor by Scherer. Closer to home last Friday, a group of approximately 30 men and women competed in the Western Oregon Twilight, and top marks came courtesy of sophomore **Kasey Harwood** (400m hurdles, first, track record, 60.23), freshman **Megan Maloney** (hammer, second, personal best 181-2) and **Colin Veldman** (discus, first, track record 182-0).

* Tentative Oregon Twilight Men's Entries

200m – Travis Anderson
400m – Jordan Kent
800m – Jeff Erb, Robert Gillespie, Michael McGrath, Adam Meyer, Andrew Perri, Joel Sauvain
1,500m - Vertin Alvarez, Blake Flanders, Ian Terpin, Carlos Trujillo, Duke Wastenev, Patrick Werhane, Chris Winter
Steeple - Chris Winter
5,000m - Vertin Alvarez, Carlos Trujillo, Esteban Trujillo, Patrick Werhane
110m Hurdles - Jared Huske, Akobundu Ikwuakor
400m Hurdles - Jared Huske, Akobundu Ikwuakor
4x100m Relay
High Jump - Jack Jensen, Jeff Lindsey, A.J. O'Connell
Pole Vault - Keegan Burnett, David Moore
Long Jump - Andrew Greif, Bret Johnson, Matthew Welch
Shot Put - Mark Lewis, Ian Reynoso
Discus - Steven Johnson, Colin Veldman
Hammer - Mike Hill, Steven Johnson, Colin Veldman
Javelin - Ryan Brandel, Matthew Maloney

* Tentative Oregon Twilight Women's Entries

100m - Amanda Santana

800m - Kasey Harwood, Amber McGown, Rebekah Noble, Sara Schaaf
1,500m - Heather Fitz-Gustafson, Amber McGown, Zoe Nelson, Rebekah Noble, Sarah Pearson, Sara Schaaf
3,000m Steeplechase - Dana Buchanan, Mandi Fitz-Gustafson, Emily Mathis
5,000m - Liisa Heinonen
100m Hurdles - Kasey Harwood
400m Hurdles - Kasey Harwood, Amanda Santana
Pole Vault - Emily Enders, Hannah Moore, Tara Rhein
Shot Put - Jennifer Greenspan
Discus - Lucy Cridland
Hammer - Britney Henry, Brittany Hinchcliffe, Megan Maloney
Javelin - Ashley McCrea, Elisa Reynoso, Rachel Yurkovich

* Note: Entries are listed alphabetically, and several athletes are entered in multiple events and may not compete in every event.

Revised Oregon Twilight Schedule of Events

***Updated Tue., May 2 at 8:30 p.m.**

4:30 p.m. Men's Javelin (*Women to follow immediately after)
4:35 p.m. Men's 4 x 100 Meter Relay
4:37 p.m. Women's & Men's Long Jump (West Runway)
4:40 p.m. Girl's Middle School Mile Girls
4:42 p.m. Men's Hammer
4:47 p.m. Women's & Men's Shot Put and Men together
4:50 p.m. Boy's Middle School Mile Boys
5:00 p.m. National Anthem
5:05 p.m. Women's 100 Meter Hurdles
5:07 p.m. Women's High Jump (*Men to follow immediately after)
5:10 p.m. Men's Pole Vault
5:12 p.m. Men's 110 Meter Hurdles
5:17 p.m. Women's 400 Meters
5:22 p.m. Men's 400 Meters
5:27 p.m. Women's 100 Meters
5:32 p.m. Men's 100 Meters
5:37 p.m. Officials' Pin Ceremony
5:50 p.m. Women's 400 Meter Hurdles
5:57 p.m. Women's Hammer
6:00 p.m. Men's 400 Meter Hurdles
6:02 p.m. Women's Pole Vault
6:07 p.m. Women's Triple Jump (East Runway) (*Men to follow immediately after)
6:10 p.m. Women's 200 Meters
6:15 p.m. Men's 200 Meters
6:20 p.m. Women's 800 Meters
6:30 p.m. Men's 800 Meters
6:45 p.m. Women's 1,500 Meters
6:55 p.m. Men's 1,500 Meters
7:00 p.m. Women's Discus and Men (Together)
7:10 p.m. Women's 4 x 400 Meter Relay
7:15 p.m. Men's 4 x 400 Meter Relay
7:25 p.m. Women's 5,000 Meters
7:45 p.m. Men's 5,000 Meters
8:05 p.m. Women's 3,000 Meter Steeplechase
8:15 p.m. Men's 3,000 Meter Steeplechase
8:25 p.m. Senior Last Lap

OREGON MEN'S PREVIEW: Field Events and Sprinters Make Final Prep for Pac-10s.

On the men's side for the Ducks in Friday's Oregon Twilight, freshman **Matthew Maloney** boomed a +23-foot javelin best in the Oregon Invitational two weekends ago (224-11) and moved to seventh all-time for UO. The Barrington, R.I. native led the 2005 U.S. prep season best list and ranked 17th among all Americans with his personal best of 231-5 last May, then took sixth in the U.S. Junior Championships (205-0) last June. The men's 4x100-meter relay will try to improve its season best and regional qualifier of 40.33 that won the Pepsi Team Invitational in early April. Last year's unit of seniors **Richard Del Rincon** and **Matt Scherer**, Kedar Inico, and redshirt junior **Jordan Kent** sped to school records in the Pac-10 Championships (second, 39.20) and NCAA Championships (sixth, 39.20, 39.22-p). All-America senior **Akobundu Ikwuakor** continues to round into form in both hurdles events in the final week before the Pac-10 Championships. Last year he placed third in the Pac-10 and West Regional 110-meter hurdles, and added a personal best of 13.83 in the West Regional prelims in Eugene. He also earned an NCAA invitation in the 400-meter hurdles in '05 with his fifth-place regional finish (51.92), but declined it to focus on the high hurdles and 4x400-meter relay – the latter of which smashed the school record in the event final (third, 3:00.81). Relay teammate and redshirt junior **Jordan Kent** will race his first open 400 meters for UO in his collegiate career. As a prep, he owned a best of 47.22 that won the Oregon 4A state championships in 2002.

OREGON WOMEN'S PREVIEW: Field Events Shining on National Charts.

Junior pole vaulter **Emily Enders** is one of the Duck women's headliners Friday evening in the Oregon Twilight, and has topped 13 feet in two of her last three appearances, including a personal best in the Trojan Invitational at the end of March in L.A. (first, 13-5 3/4) and two weeks ago in the Oregon Invitational (fifth, 13-1 1/2). The Snohomish, Wash., native was an NCAA qualifier as a freshman in 2004, and is a two-time Pac-10 scorer against the nation's toughest pole vault conference which features seven of the top 20 collegians on the '06 qualifying list. The Oregon throws unit is one of the nation's best and features a pair of NCAA veterans in both the javelin and hammer. After she broke the high school javelin record in April 2005 at Hayward Field (176-5), current freshman **Rachel Yurkovich** upped her best in her collegiate debut in mid-March's Oregon Preview (179-10) to move to second all-time for UO. Overall this season she has topped 160 feet in all five of her meets -including another +170-footer in the Trojan Invitational (first, 174-0) - and has won four of them. Redshirt junior **Britney Henry** has upped the school hammer record in the Oregon Preview (208-7) and Mt. SAC Relays (221-7) this year, and was just shy of the latter mark in her last outing – the Oregon Invitational (first, 221-5). This weekend, she will again take aim at her personal best from '05 (223-8) - a mark that ranked her ninth all-time in U.S. history and fifth in the U.S. and 51st in the world last season. Redshirt senior **Brittany Hinchcliffe**, UO's former hammer school record holder, has improved her personal best in three meets this year – the Oregon Preview (third, 199-3), Pepsi Team Invitational (third, 200-6) and Oregon Invitational (third, 205-1), and stands ninth nationally in the event in '06. Freshman **Megan Maloney** moved to seventh all-time in the event for UO last weekend with her seven-foot personal best in the Western Oregon Twilight (181-2) and continues to rewrite the former Oregon freshman record previously owned by former NCAA discus All-American Mary Etter (163-8, 2000).

OTHER ATHLETES TO WATCH FRIDAY

Among other athletes to watch Friday, former Duck All-American **Leonidas Watson** of Team XO returns to the Hayward Field runway to compete in the long jump and triple jump. In 2005, he helped the 'Men of Oregon' to the Pac-10 team win with top-three finishes in the long jump (third, 25-5) and triple jump (second, 53-8 1/2). A month later led collegians in the USA Championships long jump (seventh, 25-6). Former Stanford NCAA champion **Jonathan Riley** of the Nike Farm Team returns to the 5,000-meter distance – the same event he took second in at the 2004 U.S. Olympic Trials. He also finished fourth in the U.S. 5K final in 2003, and his best of 13:21.11 dates back to 2004. On the post-collegiate women's scene, former Duck NCAA pole vault champion **Becky Holliday** of New Balance made her season debut two weeks ago in the Oregon Invitational in Eugene and cleared 14-1 1/4 on a shortened approach. Eugenean **Marla Runyan** returned to the track for the first time in a year in the Oregon Invitational two weekends ago and took the U.S. list lead (33:11.92). She made the U.S. Olympic team in 2004 thanks to a runner-up Olympic Trials finish in the 5,000m after she had won three straight U.S. 5K titles from 2001-03. This week she is entered in the 5,000m, and she stands fifth all-time in the U.S. with her best of 14:59.20 from 2004. Entered in the 1,500 meters, former Colorado NCAA champion **Renee Metivier** ranked sixth in the U.S. in

the 5,000 meters last year (15:15.78), and also ran a national class time in the 3,000-meter steeplechase (10:13.80).

PAC-10 HEPTATHLON PREVIEW: Pac-10 Shines as Nation's Top Hep League.

The Pac-10 heptathlon field features four of the top-10 women on this year's NCAA qualifying lists and includes a trio of returning All-Americans and current NCAA automatic qualifiers (national ranking and season best in ()) – Arizona State sophomore Jacquelyn Johnson (second, 5,797), and Washington State junior Julie Pickler (third, 5,734). The Yuma, Ariz., native Johnson redshirted the 2005 spring season to focus on basketball after she won the NCAA heptathlon title as a freshman in 2004 (PR 5,807) and upset the defending heptathlon champ Hyleas Fountain of Georgia. She returned to the multi-scene indoors in '06 and won the NCAA indoor five-event pentathlon crown (4,287) by 20 points over Pickler (second, 4,267). Johnson won the 2004 Pac-10 title as a freshman (5,603) and also won the Pac-10 open high jump title the following week (5-9 3/4) and added eighth in the 100m hurdles. Later that freshman season, she took 12th in the Olympic Trials heptathlon as a 19-year-old. Pickler won the Pac-10 title in Johnson's absence in 2005 (5,569) and was six points better than her sister (second, 5,563), while as a freshmen in '04 her twin sister Diane Pickler was fourth (5,254) and Julie was sixth (4,938). At the NCAA level, Diane took sixth outdoors in 2005 (5,595) and 27th in 2003 (4,586, 6 events), while Julie was fifth as a sophomore in '05 (5,650) and missed an NCAA invitation as a freshman by only one point. Oregon also sports two athletes that are also ranked top-10 nationally in 2006 with strong NCAA provisional scores just under the 5,500-point automatic standard (season best and national rankings in ()) – the nation's top freshman in **Kalindra McFadden** (ninth nationally, 5,428) and senior **Lauryn Jordan** (10th, 5,426). Jordan was fourth in her Pac-10 debut last year with a then-279-point personal best (5,299), then upped her personal best again in the NCAA Championships (14th, 5,367). Besides, McFadden, several other league freshmen have topped the 5,000-point NCAA provisional standard in '06, including Arizona freshman Shevell Quinley (5,260) and Stanford freshman Lauren Stewart (5,110). Returnees on this year's Pac-10 list that scored in the 2005 Pac-10 Heptathlon include Julie and Diana Pickler (first, 5,569; second, 5,563), Jordan (fourth, 5,299) and WSU's Katie Miller (seventh, 5,000) and UO's **Roslyn Lundeen** (eighth, 4,935). The redshirt senior from Victoria, B.C. Lundeen was only 13 points shy of UO's then-top heptathlete (Lauri Tennant, 4,948, 1983) in her league debut last year. The Duck trio are guided by first-year assistant coach **Kelly Blair LaBounty** who was a one-time NCAA heptathlon champion (1993), two-Pac-10 heptathlon champion (1993, '94), three-time heptathlon All-American (1992, '93, '94), and two-time Olympian (1996, '00). The Prosser, Wash., native still owns the meet Pac-10 meet record of 5,989 points from 1993, and her Duck best of 6,038 points from '93 still ranks 11th all-time among collegians.

PAC-10 DECATHLON PREVIEW: Ducks Seek Seventh Straight Top-Two Finish

Arizona junior Robert Arnold leads the Pac-10 season best list this season by 139 points and ranks seventh nationally with his personal best from the Jim Click Combined Events decathlon in Tucson in late March (7,470) – only 30 points under the NCAA automatic standard. Two other league decathletes are NCAA provisional qualifiers this season - Arizona State sophomore Joshua Kinnaman (second, 7,331) and Stanford junior Josh Hustedt (third, 7,070). Indoors in 2005, Arnold broke the indoor conference record in the pentathlon (5,518 points), then upped it again in 2006 (5,607) during the regular season and in the NCAA Championships (fifth, 5,640). Kinnaman scored 12th in his NCAA decathlon debut in 2004 (7,402), 100 points ahead of Oregon senior **Andrew Young** (13th, 7,302). Kinnaman landed his first All-America honor in the indoor pentathlon in 2006 (eighth, 5,476). Hustedt ranks 19th nationally currently with his score of 7,070 points – 1,343 points better than his preseason best of 5,727 points. The Sandy, Utah native has spent the last two years on a religious mission, and was a Junior Olympic All-American in the pentathlon as a prep. Returnees on the 2006 Pac-10 list that competed in the 2005 Pac-10 decathlon include Young (second, 7,165), Oregon senior **Cody Fleming** (fourth, 6,980) and Arnold (sixth, 6,617), while Duck junior **Tommy Skipper** won the Pac-10 decathlon as a freshman in 2004 with a tally of 7,584 points. Skipper's debut score ranks eighth all-time for UO and was an NCAA automatic qualifier that season. Freshman **Alexey Shkuratov** will look to hike his personal best of 6,708 points that came last year in Minsk, Belarus. This season he debuted for Oregon with a score of 6,585 points in the 2006 Oregon Invitational with respectable marks across the board for a season debut, but plenty of room to improve in every event. Oregon redshirt junior **Brian Bartow** is another potential entrant and set his personal best in 2005 for Lane CC, and scored 6,671 points unattached at home in the 2005 Oregon Invitational decathlon. Oregon has scored top-two finishes in the event in each of the past six years, including four straight wins from 2001-04 by Santiago Lorenzo (7,617, 2001; 7,564, 2003), Billy Pappas (7,532, 2002) and Skipper (7,589, 2004), while Lorenzo finished second in 2000 at Hayward

Field behind eventual NCAA champion Bevan Hart of California. Among the 21 events contested, Oregon's 10 decathlon titles in Pac-8 and Pac-10 competition since 1965 ranks third most behind the steeplechase (21) and mile/1,500m (11), and is tied with the shot put (10).

HEPTATHLON/DECATHLON SCORING GUIDE:

The following are handy but approximate guidelines for scoring in each event of the decathlon and heptathlon based on ratios for national class performers, although note that the point table gaps increase as the quality of the marks increases and lessens for less elite performances. Also included are average scores for each event for NCAA qualifying pace for the NCAA automatic and provisional scores in the decathlon (7,500 / 7,000) and heptathlon (5,500 / 5,000).

Decathlon Scoring Guidelines

First Day

100m (750 = 11.51; 700 = 11.76), approx. 23 points for every .10 seconds
Long Jump (750 = 22-1 (6.73m); 21-4 1/4 (6.51m)), approx. 6 points for each inch (12 pts/5cm)
Shot Put (750 = 47-1 (14.35m); 44-4 3/4 (13.53m)), approx. 19 points for each foot (30 cm)
High Jump (750 = 6-4 1/4 (1.94m); 705 = 6-2 1/4 (1.89m)), approx. 18-25 points for each inch (9 pts/1m)
400m (750 = 51.43; 700 = 52.58), approx. 10 points for each .10 seconds

Second Day

110m Hurdles (750 = 15.85; 700 = 16.29), approx. 13 points for each .10 seconds
Discus (750 = 144-10 (44.16m); 700 = 136-10), approx. 6 points for each foot (30 cm)
Pole Vault (750 = 14-8 (4.47m); 699 = 14-0 3/4 (4.29m)), approx. 7 points for every inch (15 pts/5cm)
Javelin (750 = 199-5 (60.78m), 700 = 188-6 (57.45m); approx 5 points for every foot (30 cm)
1,500m (750 = 4:29.25; 700 = 4:36.96m), approx. 7 points for every 1 second

Heptathlon Guidelines

First Day

100m Hurdles (786 = 15.43; 714 = 16.00), 14 points for every .10 seconds
High Jump (783 = 5-4 1/2 (783); 712 = 5-2 1/4 (1.58m)), 25-37 points for every 1 inch (13 pts/1 cm)
Shot Put (786 = 45-6 1/2 (13.88m); 714 = 42-0 (12.80m)), 20 points for every foot (30 cm)
200m (786 = 26.13; 714 = 26.97), 9 points for every .10 seconds

Second Day

Long Jump (786 = 19-0; 715 = 18-2 1/2 (5.55m)), 8 points for every inch (15 points/5 cm)
Javelin (786 = 151-5 (46.15m), 714 = 139-1 (42.41m)), 6 points for every foot (30 cm)
800m (786 = 2:22.82; 714 = 2:28.36), 12-14 points for every 1 second

PAC-10 MEN'S TEAM PREVIEW: Dogfight Likely Between Traditional Powers.

Four different teams have won Pac-10 titles the past six years with Oregon (2003, '05) and Stanford (2001, '02) winning twice, and USC (2000) and UCLA (2004) each winning once. Arizona and Arizona State will join the aforementioned mix of teams vying for upper-division finishes, while a resurgent Washington crew looks for its first top-four finish since 2000. Every men's team champion has scored at least 130 points to win the title since 1993 with Oregon's 131-point tally in 2003 the lowest winning score since 1993. That noted, a winning sub-130-point score might be possible in '06 with the resurgence of the Pac-10 which has replaced eight of the nine Pac-10 coaches since 1996. Arizona and USC loom as potential men's team favorites since each squad sports four event leaders. UA sports event leaders in the shot put, discus, javelin and decathlon, and their X-factor is former NCAA 5,000m/10,000m champion Robert Cheseret who swept the 1,500m, 5,000m and 10,000m titles two years ago at home for Athlete of the Meet honors. USC leads the Pac-10 200m, 800m, high jump and hammer season best lists, and its sprint crew could pile up double-digit points in the 100m, 400m, 110m hurdles and 400m hurdles. Oregon

leads three events – the 800m, 110m hurdles and pole vault – and will need all of its 13 league scorers to step up again like they did last year. UCLA leads the 400m and 3,000m steeplechase rankings, and will contend for points in every event and should easily top the century mark and be in the title mix. Arizona State leads three events – the 5,000m, 4x400m relay and triple jump – and has placed top three as a team the past two years as has Oregon and UCLA. Washington owns top rankings in the 400m hurdles and long jump, Washington State paces the 100m and 4x100m, and Stanford's distance corps which leads the 10,000m – an event it owns four of the top six marks this year – and will rack up a majority of its points in the 800m-10,000m. Interestingly, among last year's Pac-10 winners, only four athletes (Mitchum, Oregon, 110m hurdles; Jesse Williams, USC, high jump; Sean Shields, Arizona, discus; Adam Midles, USC, hammer) leads this year's season best list among the 19 individual events. Four of the Pac-10's annual dual meets from the past two weekends follow: Arizona 116, Arizona State 86; California 95 2/3, Stanford 67 1/3; UCLA 83, USC 80; and Washington 112, Washington State 91.

WOMEN'S PAC-10 PREVIEW: UCLA Will Try To Wrestle Title Back.

The Pac-10 celebrates its 20th annual women's track and field championships, and UCLA has dominated the event and won 15 of the 19 women's team crowns since the first edition in 1987. Other teams to win titles include Oregon (1991, '92), USC (1996) and Stanford (2005). For a stretch from 1997-2002, USC and UCLA split the top two spots five of the six years, but since then UCLA and Stanford have toggled between first and second place. Stanford enters the '06 classic as the likely favorite and owns the top marks of 2006 in the 200m, 1,500m, 5,000m and 4x400m relay, and its distance crew will be relied upon for its title hopes after it accounted for 28 of this year's NCAA runner-up squad's 36 points from the mile on up. USC leads the Pac-10 season best list in the most events (5) – the 100m, 400m, 100m hurdles, 4x100m and shot put. UCLA individuals sit atop four event categories – the 400m hurdles, 3,000m steeplechase, 400m hurdles and pole vault. Arizona State leads only one event – the heptathlon courtesy of 2004 NCAA champion Jacquelyn Johnson – but will still be a team to watch after third-place team finishes in '03 and '05. The Sun Devils boast second-ranked entries in six events (the 5,000m, 10,000m, 400m hurdles, 4x400m relay, high jump and shot put). Oregon has won only four individual titles the past nine years, but leads Pac-10 lists in four events this year – the 800m, long jump, hammer and javelin. Other schools that feature event leaders include California (10,000m, high jump) and Arizona (discus). Results from the past two weekend's Pac-10 dual meets follow: Arizona State 113, Arizona 80; Stanford 89, California 72; UCLA 90, USC 73, Washington 115 1/2, Washington State 91 1/2.

UO WOMEN'S WEEKEND REVIEW: Harwood Shines at Western Oregon.

MONMOUTH, Ore. (4/28/06) – Sophomore **Kasey Harwood** paced the Duck women last Friday in the Western Oregon Twilight with her a 1.61-second season best in the 400m hurdles (60.23) that also broke the former McArthur Field track record (60.94). The Polson, Mont., native easily met the regional qualifying mark (60.82), and her .50-second personal best moved her closer to UO's sixth-fastest hurdler all-time and former teammate Kayla Mellott (60.13, 2005). In the same event, redshirt sophomore **Amanda Santana** followed in second place (61.90), and was only .06 seconds off her 2006 best of 61.84 from the Oregon Invitational (4/22). In the throws, freshman **Megan Maloney** improved her season and personal best nearly seven feet in the hammer (second, 181-2), and redshirt senior **Roslyn Lundeen** won the javelin with a throw of 148-11 that was just shy of her season best of 149-0. Redshirt senior **Hannah Moore** matched her season best in the pole vault (second, 11-11 3/4) as did freshman **Tara Rhein** (third, 10-11 3/4). In the distances, freshman **Zoe Nelson** was one of six runners in the 1,500m and paced UO with a personal best to win the event (4:28.67). Junior **Dana Buchanan** followed in second place (4:29.59), while redshirt sophomore **Sarah Pearson** (third, 4:30.30) and redshirt senior **Amanda Fitz-Gustafson** (fourth, 4:32.68) scored personal bests.

UO MEN'S WEEKEND REVIEW: Mitchum Streaks to Second in Penn Relays High Hurdles.

PHILADELPHIA (4/28-29/06) – Senior All-America hurdler **Eric Mitchum** paced the Oregon men in the Penn Relays last Saturday with a runner-up finish in the collegiate 110m hurdles final (13.83) behind fellow All-American Jason Richardson of South Carolina (13.72 w:). Mitchum earned his position in the final after he led the prelims (13.69), ahead of Richardson (second, 13.70). In relay duty, the 4x400m of senior **Travis Anderson** led off the unit and was followed by redshirt junior **Jordan Kent**, senior **Akobundu Ikwaakor** and senior **Matt Scherer** took fifth (3:10.90). The All-America UO quartet had qualified for the final after they placed third in their prelim heat the day before with a 2.49-second season best of 3:08.82 – their first mark of '06 under the 3:10.00 NCAA regional qualifying standard. In the 4x100m prelims, the unit of senior **Richard Del Rincon**, Scherer, freshman **Jared Huske**

and Kent placed third in their heat (40.73). UO's season best heading into the event was their regional-qualifying mark of 40.33 by Del Rincon, Mitchum, Huske and Kent that won the Pepsi Team Invitational at Hayward Field in early April. Closer to Eugene last Friday afternoon and evening, redshirt junior **Colin Veldman** led the UO men in the Western Oregon Twilight with a McArthur Field stadium record in the discus (182-0). The first-year Duck easily broke the former mark (168-8) and his 1 foot, 4 inch season best was just shy of his personal best from 2005 (184-6) that he threw for Moorpark College. Other top men's throw marks came from freshman **Matthew Maloney** (hammer, fourth, 167-10) and junior **Ryan Brandel** (javelin, third, 201-10). On the track, freshman **Duke Wasteneay** led a quartet of Ducks in the 800m and his .65-second season best (third, 1:53.61) pulled him within a second of his prep personal best (1:52.72), and fellow frosh **Andrew Perri** paced UO in the 1,500m (third, 3:56.50).

2006 DUCK REGIONAL QUALIFIERS

Men – National Ranking (as of 5/2/06), 2006 Best, Date

400m – 9th, Matt Scherer, Sr., 45.90, 4-22
 800m – 58th, Matt Scherer, Sr., 1:50.25, 3-25
 1,500m – 27th, Michael McGrath, So., 3:45.45, 4-21
 Steeplechase – 39th, Christopher Winter, Fr., 9:00.88, 4-21
 110m Hurdles – 2nd, Eric Mitchum, Sr., 13.48w, 4-22
 110m Hurdles – 51st, Akobundu Ikwuakor, Sr., 14.13w, 4/22
 110m Hurdles – 76th-t, Walter Thurmond, 14.29, 3-25
 400m Hurdles – 44th, Eric Mitchum, 52.09, 4-8
 4x100m Relay – 42nd, Del Rincon, Mitchum, Huske, Kent, 40.33, 4-8
 4x400m Relay – 40th, Anderson, Scherer, Kent, Ikwuakor, 3:08.82, 4/28
 Pole Vault – 1st, Tommy Skipper, Jr., 5.79m (19-0), 3-18
 Pole Vault – 46th-t, Jon Derby, Sr., 5.10m (16-8 3/4), 3-18
 Shot Put – 68th, Colin Veldman, Jr., 17.00m (55-9 1/4), 3-25
 Discus – 39th, Colin Veldman, Jr., 55.47m (182-0), 4-28
 Hammer – 16th, Colin Veldman, Jr., 64.22m (210-8), 4-21
 Javelin – 15th, Matthew Maloney, Fr., 68.56m (224-11), 4-21
 Javelin – 72nd, Ryan Brandel, Jr., 61.75m (202-7), 3-18

Women–National Rank (as of 5/2/06), 2006 Best, Date

800m – 1st, Rebekah Noble, Fr., 2:03.11, 4-8
 800m – 29th, Sara Schaaf, 2:07.81, 4-22
 1,500m – 14th, Amber McGown, Sr., 4:21.30, 4-1
 1,500m – 30th, Dana Buchanan, Jr., 4:23.88, 4-1
 1,500m – 43rd, Rebekah Noble, Fr., 4:24.90, 4-1
 Steeplechase – 41st, Dana Buchanan, Jr., 10:33.77, 4-8
 Steeplechase – 56th, A. Fitz-Gustaffson, RSr., 10:38.50, 4-21
 5,000m – 107th, Zoe Nelson, Fr., 16:50.60, 3-31
 5,000m – 108th, Sarah Pearson, So., 16:50.64, 3-31
 400m Hurdles – 43rd-t, Kasey Harwood, 60.23, 4/28
 4x400m Relay – 59th, McFadden, Searcy, Worthen, Noble, 3:40.17, 4-8
 Pole Vault – 11th, Emily Enders, Jr., 4.11m (13-5 3/4), 3-25
 Long Jump – 7th, L. Jordan, Sr., 6.38m (20-11 1/4), 4-8
 Triple Jump – 12th, L. Jordan, Sr., 13.17m (43-2 1/2), 4-22
 Hammer – 2nd, Britney Henry, Jr., 67.54m (221-7), 4-15
 Hammer – 9th, Brittany Hinchcliffe, Sr., 61.51m (205-1), 4-22
 Hammer – 67th, Megan Maloney, Fr., 55.23m (181-2), 4/28
 Javelin – 4th, Rachel Yurkovich, Fr., 54.82m (179-10), 3-18
 Javelin – 52nd, Ashley McCrea, Fr., 46.01m (150-11), 3-25
 Javelin – 62nd, Roslyn Lundeen, Sr., 45.41m (149-0), 4-8
 Heptathlon – 9th, Kalindra McFadden, Fr., 5428, 4-13
 Heptathlon – 10th, Lauryn Jordan, Sr., 5426, 4-13

* Note - Links to NCAA national and regional rankings are located on the www.GoDucks.com website in the STATISTICS dropdown.

2005 OREGON TWILIGHT FLASHBACK

EUGENE (5/7/05) – In the Oregon Twilight last year, post-collegians topped the women's headlines as Olympian Shayne Culpepper won the 3,000m in a meet record (8:54.84) over former Stanford NCAA champion and Nike entrant Lauren Fleshman (9:00.80). The former meet record of 8:59.76 belonged to Oregon's Kathy Hayes from 1983. On the pole vault runway, former Duck NCAA champion Becky Holliday tied her meet record from 2004 en route to the win (14-1 1/4). UO redshirt and unattached entrant **Britney Henry** boomed a six-foot personal best and USA Championships qualifier in the hammer (first, 217-10) – a mark that only one collegian had topped to that point last season. On the men's side, then-freshman **Galen Rupp** won the 10,000m (28:15.52) and broke the former U.S. junior record held by Duck alum Rudy Chapa (28:32.7, 1976). The Portland, Ore., native Rupp also moved to third all-time in school history behind former World Championships qualifiers Bill McChesney Jr. (first, 27:50.82) and his prep coach Alberto Salazar (second, 28:06.12). Kyle Alcorn kicked to the win in the final lap of the Bill McChesney Jr. Memorial Twilight Mile (4:03.98) over Willamette's three-time NCAA Division III champion Nick Symmonds (second, 4:04.58). All-America junior **Eric Mitchum** won the 400m hurdles (52.17) over former teammate and Team XO's Brandon Holliday (second, 52.62). As several other Ducks rested up for the Pac-10 Championships, several post-collegians took their turn winning events, including an all-star 5,000m that matched up a pair of former Colorado NCAA champions. Nike's Dathan Ritzenhein notched a meet record (first, 13:22.23) and broke away in the last mile from runner-up Jorge Torres (second, 13:30.77). Ritzenhein bettered another Chapa-

held meet record of 13:25.6 from his sophomore 1978 season when he won the NCAA 5K several weeks later at Hayward Field to the chants of 'Rudy, Rudy'. In the 800m, Nike Oregon Project's Richard Smith won by almost three seconds (1:47.91), and a trio of former Duck Pac-10 champions and Team XO members – Kyley Johnson, Adam Kriz and John Stiegeler – won the high jump (7-2 1/2), hammer (220-9) and javelin (219-7).

NEW BOWERMAN BOOK: Author Kenny Moore Unveiled First Copy at Pepsi Team Invite.

Hayward Field fans received a special bonus in the recent Pepsi Team Invitational as former UO distance runner and Olympian **Kenny Moore** unveiled his long-awaited book about famous Oregon track and field coach **Bill Bowerman** entitled "Bowerman and the Men of Oregon". The Eugene native and North Eugene High School product personally delivered the first copy to Bowerman's widow Barbara and her family at a special ceremony during the meet. Officially assigned a late April/early May release nationwide by Rodale Publishing, a link on the UO Bookstore (www.uobookstore.com) will include more information when it's available on the UO campus. The UO alumni magazine – Oregon Quarterly (www.oregonquarterly.com) – recently ran an excerpt that's still available online. The book will chronicle the legendary Duck mentor Bowerman who served as the UO men's track and field head coach from 1949-1972. His men's squads won four NCAA track and field team titles (1962-64-65-70) among their 16 top-10 NCAA finishes in his 24 years as head coach, to go along with 24 NCAA individual crowns. He served as the U.S. Olympic head coach in 1972 and as an assistant coach in 1968. A founder of the famous athletic company Nike Inc. with another ex-UO distance runner Phil Knight, Bowerman popularized the idea of running shoes with waffle-iron-soles that are still popular today. Moore was one of Bowerman's greatest distance runners and took fourth in the 1972 Olympic marathon (2:15.39.8) and ran the same Olympic event in 1968 (14th, 2:29.49.4). A Duck letterwinner from 1964-66, Moore was an All-American in the NCAA Championships in the 3,000m steeplechase in '64 (sixth, 9:02.8) and '66 (sixth, 9:08.8).

2006 UO WOMEN'S OUTLOOK: Field Events Again Pace Charge in '06.

The field events again lead the Oregon women's charge in 2006 with a pair of double All-Americans back in the javelin – redshirt seniors **Roslyn Lundeen** (seventh in '02, eighth in '03) and **Elisa (Crumley) Reynoso** (12th in '02, 13th in '03). The hammer throw sports a pair of NCAA veterans – redshirt senior **Brittany Hinchcliffe** (12th in '05) and redshirt junior **Britney Henry** (2004). Henry's 2005 season and personal best (223-8) ranked fifth in the U.S. and 41st in the world. The pole vault sports another pair of NCAA veterans in redshirt senior **Hannah Moore** and junior **Emily Enders** who made NCAA trips indoors and outdoors in '04, respectively, and finished 13th (12-11 1/2) and 15th (12-9 1/2). At the Pac-10 level, Jordan and Lundeen are former Pac-10 runners-up in the high jump and javelin, and are among six Duck veterans that have scored previous top-eight Pac-10 placings. Several newcomers also expect to challenge for NCAA invitations. Freshman and Newberg, Ore., native **Rachel Yurkovich** broke the high school javelin record in 2005 (176-5), before she won USA Junior and Pan-Am Junior titles in '05 (166-1 / 172-6) and also took fifth in the USA senior finale (170-3). Fellow javelin thrower and North Bend, Ore., native **Ashley McCrea** ranked second among preps in '05 (158-6), was a two-time state champion in the 3A ranks, and took fifth in the U.S. junior finale in '05 (146-11). Freshman **Rebekah Noble** was a USA junior and Pan-Am junior champion also as a senior in the 800m (2:03.73/2:04.07). Her senior prep season best (2:03.73) led the prep ranks in '05, ranked eighth on the all-time U.S. high school list with the fastest time by a prep since 1982. Indoors in '06, Noble claimed NCAA runner-up honors in the 800m, and additional indoor All-America honors went to Buchanan, McGown, redshirt senior **Sara Schaaf**, and sophomore **Irie Searcy** in the distance medley relay. Several other freshmen could challenge for NCAA invitations and include distance runners **Katie Leary** and **Zoe Nelson**, prep All-America hammer thrower **Megan Maloney** and heptathlete **Kalindra McFadden**.

2006 DUCK MEN'S OUTLOOK: UO Flexes Depth Around the Track.

The UO men have claimed four straight top-two Pac-10 team finishes, including wins in 2003 and '05. In 2006, the 'Men of Oregon' finished a best-ever sixth place as a team indoors in the NCAA Championships for the second straight year and sported top-six finishes from senior **Eric Mitchum** (60m hurdles, third, 7.68), junior **Tommy Skipper** (pole vault, first, 18-6 1/2) and sophomore **Galen Rupp** (3,000m, sixth, 8:07.85; 5,000m, fifth, 13:56.41). Skipper also won NCAA titles indoors in '05 (18-4 1/2) and outdoors in '04 (18-8 1/4), and added a fourth top-two NCAA finish as a freshman indoors in '04 (second, 18-4 1/2). Mitchum is altogether a five-time All-American thanks to his other NCAA finishes outdoors in the 110m hurdles (second, 13.38, 2004; fourth, 13.53, 2005) and indoors in the 60m hurdles (sixth, 7.74, 2004; fourth, 7.73, 2005). Skipper and Mitchum are past Pac-10 and West Regional champions in the pole vault (2004) and 110m hurdles (2004, '05), respectively. Rupp also sped to an NCAA runner-

up finish in 2005 in the 10,000m (28:23.75) and was a top-four placer in the Pac-10 5,000m and 10,000m (fourth/second) in 2005. The Duck sprint crew came off a record-setting postseason in 2005 that included school records in the NCAA outdoor finale in the 4x100m relay (sixth, 39.20) and 4x400m relay (third, 3:00.81), and the latter time would have won the NCAA finale every prior year since 1964 except four seasons. Other Ducks that have received past NCAA invitations include redshirt sophomore **Patrick Werhane** (cross country, 2005), redshirt junior **Jordan Kent** (200m, 2003), and seniors **Matt Scherer** (400m, 2003, '04, '05), **Akobundu Ikwuakor** (110m hurdles, 2004, '05; 400m hurdles, 2005), redshirt senior pole vaulter **Jonathan Derby** (pole vault outdoors and indoors in 2005) and **Andrew Young** (decathlon, 2004, '05). Top newcomers include junior transfers **Colin Veldman** (shot put/discus/hammer) and **Ryan Brandel** (javelin), the distance pair of redshirt sophomore **Michael McGrath** (800m/1,500m) and redshirt freshman **Chris Winter** (3,000m steeplechase), and a host of freshman newcomers, including prep All-Americans **Jared Huske** (110m hurdles/400m hurdles) and **Matthew Maloney** (javelin), and **Walter Thurmond III** (110m hurdles), **Mark Lewis** (shot put), **Alex Wolff** (javelin) and **Alexey Shkuratov** (decathlon).

MEN'S NEWCOMERS: UO Sports Key Hurdles, Distances, Throws and Dec. Additions

The men's newcomer list welcomes back redshirt sophomore **Michael McGrath** who was an NCAA qualifier indoors in '06 thanks to his first career sub-4:00 mile in early March (3:59.25). Also in the distances, redshirt freshman **Chris Winter** is a two-time World Junior Championships qualifier in both the 3,000m steeplechase and in cross country. Freshmen **Matthew Maloney** and **Alex Wolff** ranked first and fourth nationally in the prep javelin in '05 (231-5 / 213-5) and placed sixth and seventh, respectively, in the 2005 USA Junior Championships. Freshman **Jared Huske** ranked second among preps in the 110m hurdles in '05 (13.71), and freshman cornerback **Walter Thurmond III** stood third on the squad indoors in the 60m hurdles (8.15) in '06 behind a pair of NCAA outdoor high hurdles veterans. Redshirt junior **Colin Veldman** was an NCAA provisional qualifier indoors in the shot put in '06 with his indoor school record (58-8 3/4), and freshman **Alexey Shkuratov** will contend for Pac-10 duty in the decathlon, 110m hurdles and long jump and owns bests of 14.53, 6,708 and 23-6, respectively.

TOP DUCK MEN'S NEWCOMERS

Michael McGrath, RSo., Portland, Ore. – 800m 1:47.62-'04, 1,500m 3:42.44-'05
 Jeff Erb, RFr., Eugene, Ore. – 800m 1:51.63-'04 (HS)
 Andrew Perri, Fr., Oakridge, Ore. – 800m 1:52.72-'05 (HS), 1,500m 3:56.40-'06
 Chris Winter, RFr., N. Vancouver, B.C. – Steeplechase 9:00.88-'06 (8:54.94-'04)
 Keegan Burnett, Jr.-TR, Sweet Home, Ore. - PV 16-5 1/4-'05
 Jared Huske, Fr., Topeka, Kan. – HS marks > 110m Hurdles 13.33w / 13.71 (#2 US '05), 300m Hurdles 36.93 (#10 US '05), 400m Hurdles 52.49 (#10 US '05)
 Walter Thurmond III, Fr., West Covina, Calif. – 110m Hurdles 14.29-'06 (14.16-'05 (HS))
 Colin Veldman, RJr.-TR, Fort Collins, Colo. - SP 58-8 3/4-'06 (indoors) (58-10-'05), DT 182-0-'06 (184-6-'05), HT 210-8-'06 (211-0-'05)
 Mark Lewis, RFr., Arroyo Grande, Calif. - SP 54-2-'06 (indoors) (63-5 1/2-'04 (HS #10)
 Matthew Maloney, Fr., Barrington, R.I. - JT 224-11-'06 (231-5-'05 (#1 HS), HT 167-10-'06 (HS-12 lb.) - 213-6-'05)
 Alex Wolff, Fr., Newberg, Ore. - JT 193-3-'06 (213-5-'05 (HS #4))
 Ryan Brandel, Jr.-TR, Milwaukie, Ore. - JT 203-10-'06 (212-0-'05)
 Michael Hill, RJr., Bend, Ore. - HT 169-9-'06
 Brian Bartow, RJr., Grants Pass, Ore. - Dec. 6,772-'04, JT 209-0-'04
 Alexey Shkuratov, RFr., Minsk, Belarus - Dec. 6,585-'06 (6,708-'05), 110H 15.02w-'06, 14.53-'05

WOMEN'S NEWCOMERS: Throws and Middle Distances Ink Prep All-Americans.

A host of talented new faces will add ammunition in UO's championship runs in '06. The Duck women's newcomer class was tabbed best in the nation by *Track and Field News* and featured a pair of 2005 national prep leaders and U.S. and Pan-Am junior champions – freshmen **Rachel Yurkovich** (javelin) and **Rebekah Noble** (800m). The distance corps has received immediate dividends from graduate student **Amber McGown** and junior **Dana Buchanan** who ran on its All-America indoor distance medley in '06, and freshmen **Zoe Nelson** and **Katie Leary** were two of the team's cross country runners in the fall. True freshman **Megan Maloney** ranked third nationally in

the hammer among preps in '05 (then-PR 169-10), and redshirt freshman **Kalindra McFadden** was an NCAA provisional qualifier indoors in '06 with her pentathlon school record (3,929).

TOP DUCK WOMEN'S NEWCOMERS

Leah Worthen, Fr., Coos Bay, Ore. – 100m 12.2, 200m 24.8, 400m 55.9 (all HS-'05)
Rebekah Noble, Fr., Spokane, Wash. – 400m 55.74-'06 (53.3-'05), 800m 2:03.11-'06 (HS-2:03.71-#1)
Dana Buchanan, Jr.-TR, Beachburg, Ont. – 800m 2:09.85-'05, 1,500m 4:23.88-'06, Mile 4:44.58-'06 (indoors), Steeplechase 10:33.77-'06
Amber McGown, RSr.-TR, Melfort, Sask. – 800m 2:13.00-'06, 1,500m 4:21.30-'06, Mile 4:41.48-'06 (indoors)
Katie Leary, RFr., Klamath Falls, Ore. - 1,500m 4:36.76, 3,000m 10:00.38 (both HS-'03)
Zoe Nelson, Fr., Kalispell, Mont. - 1,500m 4:28.67-'06, 1,600m 4:54.8-'04 (HS), 3,000m 9:43.4-'04 (HS), 2-Mile 10:23.7-'04 (#3 HS), 5,000m 16:50.60-'06
Tara Rhein, Fr., Roseville, Calif. - PV 10-11 3/4-'06 (11-2-'05 (HS))
Britney Henry, RJr.-TR, Spokane, Wash. - HT 221-7-'06 (223-8-'05, #5 US '05, #41 US '05)
Megan Maloney, Fr., Barrington, R.I. - HT 181-2-'06 (HS-169-10, #3 HS '05)
Ashley McCrea, Fr., North Bend, Ore. - JT 150-11-'06; 158-6-'05 (#2 HS-'05)
Rachel Yurkovich, Fr., Newberg, Ore. - JT 179-10-'06 (HS-176-5, #1 HS '05)
Kalindra McFadden, RFr., Bozeman, Mont. – 100m Hurdles 14.64/14.29W-'06, 200m 25.00 (HS), Hep 5,428-'06

2006 INDOOR WOMEN'S RECAP: Noble & DMR Go All-American Indoors.

In the 2006 NCAA Indoor Track and Field Championships at the University of Arkansas (3/10-11), the Duck women claimed their third-highest ever NCAA indoor team finish (23rd-tie, 10 points), and both the M&W teams placed top-25 in the same season for the first time ever. All five of the women's qualifiers claimed All-America honors and included freshman **Rebekah Noble** (800m, second), and the distance medley relay (seventh) of graduate student **Amber McGown**, redshirt senior **Sara Schaaf**, junior **Dana Buchanan** and redshirt sophomore **Irie Searcy**. During the indoor regular season, Duck women scored five school records – senior **Laurn Jordan** (60 hurdles, 8.73), the distance medley relay (11:16.05), redshirt senior **Britney Hinchcliffe** and redshirt junior **Britney Henry** (weight throw, 61-1 1/4) and redshirt freshman **Kalindra McFadden** (pentathlon, 3,929)

2006 INDOOR MEN'S RECAP: Men Repeat Best-Ever Sixth in NCAA Finale.

The 'Men of Oregon' took sixth in March's NCAA indoor team race with 23 points to match their all-time best placing from '05, and also notched their third top-10 finish in five years after they also took ninth in 2002. Oregon welcomed All-America efforts from four of their five entries – junior **Tommy Skipper** (pole vault, first), senior **Eric Mitchum** (60 hurdles, third) and freshman **Galen Rupp** (3,000m, sixth; 5,000m, fifth). During the indoor regular season, four men's indoor school records were broken or tied by Rupp (5,000m, 13:48.51), Mitchum (60m hurdles, 7.67), Skipper (pole vault, 18-8.75-tied) and redshirt junior Colin Veldman (shot put, 58-8 3/4).

2005 PAC-10 MEN'S RECAP: UO Cashes in Victory Thanks to Points from 21 Ducks.

LOS ANGELES (5/14-15/05) – The Men of Oregon won their fifth Pacific-10 Conference team title last year by a convincing 17 1/2-point margin over the host UCLA (152-134 1/2), Arizona State (third, 122) and USC (fourth, 106). UO claimed both of its titles on the final day courtesy of Kedar Inico (400m, 45.61 - #3 UO all-time) and **Eric Mitchum** (110m hurdles, 13.59, w:0.5). Inico added key legs on school records in the 4x100m (second, 39.29, .61-second school record) and 4x400m relays (second, 3:03.27, .22 seconds faster than their school record from the 2004 Pac-10 Champs (3:03.49)). Mitchum also scored in the 400m hurdles (sixth, 51.47) with a .68-second season best. The men's sprint crew also accounted for points from **Richard Del Rincon** (100m, fourth, 10.54, w:-0.1; 200m, fifth, 21.27, w:1.4), **Jordan Kent** (100m, fifth, 10.55, w:-0.1), **Matt Scherer** (400m, fourth, 46.11 season best), Roderick Dotts (800m, sixth, 1:49.05 - 1.41-second Duck best), and **Akobundu Ikwuakor** (110m hurdles, third, 13.96, w:0.5 – second-fastest time of his career; 400m hurdles, fifth, 50.61 –.28-second PR). The UO men's distance troops sealed the win in the penultimate event, the 5,000m, courtesy of **Galen Rupp** (fourth, 13:57.43) who ran most of the race's second half solo in his final position, and Eric Logsdon (sixth, 14:04.14). The evening before in the 10,000m, Rupp led most of the way en route to second (29:28.09) and Logsdon began his first conference double (fourth, 29:34.16). In the last hour of the meet, Leonidas Watson took the lead in the triple jump

with his daily best and 11-inch outdoor PR of 53-8 1/2 on his final jump then dropped to second on the last jump of the competition. The first day he was less than a foot off his then-season best (third, 25-0 1/2) and Kent was only six inches off his season best his Pac-10 long jump debut (fifth, 24-3 3/4). Other second-day field event points for the Ducks came from **Jeff Lindsey** (high jump, sixth-tie, 6-10 3/4 – two-inch outdoor season best). The Ducks capped the first day in first place with 63 1/2 points after eight events, and were followed by Arizona State (second, 49), UCLA (third, 45), California (fourth, 38), and Arizona (fifth, 34). Key first-day scoring efforts included Paul Etter (hammer, second, 201-11), Lars Mueller Laursen (javelin, season debut, 222-2), Brett Holts (steeplechase, fifth, 8:48.84 – 1 1/2 seconds off his season best) and Kyle Alcorn (steeplechase, seventh, 8:56.11 – 2.33 seconds off personal best). **Tommy Skipper** scored for the second straight year in the javelin (seventh, 207-3) in his season event debut while he competed simultaneously in the pole vault, while his same event trio of **Jon Derby** (sixth-tie, season best-tie 16-6 3/4), **David Moore** (eighth-tie, 16-0 3/4) and **Andrew Young** (eighth-tie, 16-0 3/4) all scored their first Pac-10 points in the pole vault.

2005 PAC-10 WOMEN'S RECAP: Malone Strikes Gold in Javelin.

LOS ANGELES (5/14-15/05) – Last year, Stanford won its first Pac-10 track and field team title and became only the fourth league school to turn the trick. The Cardinal tallied 173 points to edge returning champion UCLA (second, 125) and Arizona State (third, 118) and USC (fourth, 99), while Oregon (seventh, 68) claimed its largest point tally since 1998's total (84). The javelin accounted for almost 1/3 of the Ducks' points, and was paced by Sarah Malone who won her first Pac-10 javelin women's title (170-9) after she finished second her three previous appearances. The Ducks featured three other top-nine finishers – redshirt juniors and All-Americans **Roslyn Lundeen** (third, 4 foot 8-inch season best 162-8) and **Elisa (Crumley) Reynoso** (ninth, 144-3), and **Rachael (Kriz) Wallace** (seventh, 4 foot 1 inch personal best 149-10). **Lauryn Jordan** added another 18 points to the Duck cause, with top-eight efforts in the high jump (second, two-inch PR 5-10), triple jump (fifth, 40-9 1/2, w:0.9) and long jump (eighth, 5 1/2-inch PR 19-9, w:2.0) and the heptathlon (fourth, 279-point PR 5,299) the week before. The first-year Duck moved into UO's all-time top-10 in high jump (fifth, 5-10), long jump (10th, 19-9), triple jump (fourth, 40-11 1/2) and heptathlon (sixth, 5,299). On the oval, Sofie Abildtrup finished top five in the Pac-10 400m for the second straight year (fourth, 54.13) after she ran a 1.11-second season best in the prelims (fourth, 53.48). The second-year Duck closed the meet as the anchor on the 4x400m relay which ran a 1.01-second season best (fifth, 3:42.09) and matched its pre-meet seeding. Three other Ducks lined up in the 400m prelims including current redshirt sophomore **Irie Searcy** (400m, 13th, season debut 57.77). In the 400m hurdles, Kayla Mellott lowered her personal best by .02 seconds (fourth, 60.13, 60.24-p), and **Kasey Harwood** came back from an April ankle injury to take 12th in the prelims (62.69). Sara Schaaf paced the distances in the 800m (fifth, 2:06.91, 2:08.81-prelims) with a .98-second personal best in the final that put her 10th for UO all-time. In the 5,000m, Magdalena Sandoval led more than five laps in the first 2/3 of the race as she chased a regional qualifier in the +75-degree conditions, and held on for sixth against the nation's deepest conference (17:07.66) in her outdoor 5K debut. Also in the 5,000m, Laura Harmon moved up during the race to repeat eighth (17:12.64) – the same place she took in 2004 in Tucson. In the steeple the first day, **Amanda Fitz-Gustafson** took 14th in her third Pac-10 race and first for the Ducks (11:28.54). In the field events, **Emily Enders** leaped a six-inch outdoor season best in the pole vault (seventh, 12-11 1/2) and was only 2 3/4 inches off her then-PR (13-2 1/4) from the 2004 Pac-10 Championships. **Brittany Hinchcliffe** took fifth in the hammer (189-5) – one place below her pre-meet ranking based on her school record of 199-2 from the 2005 Pepsi Team Invite. Bree Fuqua notched her second straight top-six finish in the shot put (sixth, 50-9 1/4). The next day in the discus (ninth, 162-6), she was only 2 feet, 10 inches from her season best (165-4).

RETURNING DUCK PAC-10 QUALIFIERS

Oregon Women's Returnees

400m - Irie Searcy (13th-p, 57.77, 2005)

800m - Sara Schaaf (fifth, 2:06.91, 2005; fifth, 2:09.40, 2004)

3,000m Steeplechase - Amanda Fitz-Gustafson (14th, 11:28.54, 2005; eighth, 10:59.66, 2003; eighth, 11:15.46, 2002)

400m Hurdles - Kasey Harwood (12th-p, 62.69, 2005)
4x100m - DNF
4x400m ((Donovan-graduated), Harwood, Schaaf, (Abildtrup-grad.)), fifth, 3:42.09, 2005
High Jump - Lauryn Jordan (second, 1.78m, 5-10, 2005)
Pole Vault - Emily Enders (seventh, 3.95m, 12-11 1/2, 2005; fifth, 4.01m, 13-1 3/4, 2004)
Pole Vault - Hannah Moore (NH (3.65m, 11-11 3/4), 2005)
Long Jump - Lauryn Jordan (eighth, 6.02m, 19-9 (w:2.0), 2005)
Triple Jump - Lauryn Jordan (fifth, 12.43m, 40-9.5 (w:0.9), 2005)
Hammer - Brittany Hinchcliffe (fifth, 57.73m, 189-5, 2005)
Javelin - Roslyn Lundeen (third, 49.58m, 162-8, 2005; second, 48.66m, 159-8, 2003; fourth, 49.97m, 163-11, 2002)
Javelin - Elisa (Crumley) Reynoso (ninth, 43.97m, 144-3, 2005; sixth, 47.13m, 154-7, 2003; fifth, 48.92m, 160-6, 2002)
Heptathlon - Lauryn Jordan (fourth, 5,299, 2005)
Heptathlon - Roslyn Lundeen (eighth, 4,935, 2005)

Graduated Women's 2005 Pac-10 Qualifiers

400m - 5, Sofie Abildtrup, 54.13 (53.48-p)
400m - 10-p, Michelle Donovan, 56.71
400m - 11-p, Julie Schmidt-Scherer, 56.84
5,000m - 6, Magdalena Sandoval, 17:07.66
5,000m - 8, Laura Harmon, 17:12.64
400m Hurdles - 4, Kayla Mellott 60.13 (60.24-p)
4x100m - DNF
4x400m - 5, Donovan, Abildtrup, 3:42.09
High Jump - 9, Rachael (Kriz) Wallace, 1.78m, 5-5
Triple Jump - 9, Clarice Hayward-Lee, 12.00m, 39-4.5 (0.0)
Triple Jump - F, Maegan Traver
Shot Put - 6, Bree Fuqua, 15.47m, 50-9.25
Discus - 9, Bree Fuqua, 49.54m, 162-6
Hammer - 9, Katie Kersh, 52.43m, 172-0
Javelin - 1, Sarah Malone, 52.04m, 170-9
Javelin - 7, Rachael (Kriz) Wallace, 45.68m, 149-10

Oregon Men's Pac-10 Returnees

100m - Richard Del Rincon (fourth, 10.54, w:-0.1, 2005)
100m - Jordan Kent (fifth, 10.55, w:-0.1, 2005; sixth, 10.57w, 2003)
200m - Richard Del Rincon (fifth, 21.27 w:1.4, 2005)
200m - Jordan Kent (fourth-p, 20.82 w:-0.5, 2005; fifth, 21.55, 2003)
400m - Matt Scherer (fourth, 46.11, 2005; fifth, 45.95, 2004; sixth, 46.87, 2003)
5,000m - Galen Rupp (fourth, 13:57.43, 2005)
10,000m - Galen Rupp (second, 29:28.09, 2005)
110m Hurdles - Eric Mitchum (first, 13.59 w:0.5, 2005; first, 13.62, w:0.4, 2004; 2nd, 13.73w, w:3.8, 2003)
110m Hurdles - Akobundu Ikwuakor (third, 13.96 w:0.5, 2005; third, 14.26, 2004)
400m Hurdles - Akobundu Ikwuakor (fifth, 50.61, 2005; eighth, 54.46, 2004)
400m Hurdles - Eric Mitchum (sixth, 51.47, 2005; fifth, 51.27, 2004; ninth-p, 52.60, 2003)
4x100m (Del Rincon, Scherer, (Inico-graduated), Kent), second, 39.29, 2005
4x400m (Anderson, (Inico-graduated), Ikwuakor, Scherer), second, 3:03.27, 2005
High Jump - Jeff Lindsey (sixth, 2.10m, 6-10 3/4, 2005; fourth, 2.13m, 6-11 3/4, 2004)

High Jump - Cody Fleming (no-height (1.95m, 6-4 3/4), 2005)
Pole Vault - Jon Derby (sixth-tie, 5.05m, 16-6.75, 2005)
Pole Vault - Andy Young (eighth-tie, 4.90m, 16-0 3/4, 2005; 12th, 502m 16-5 1/2, 2004)
Pole Vault - David Moore (eighth-tie, 4.90m, 16-0 3/4, 2005)
Pole Vault - Tommy Skipper (first, 5.57m, 18-3 1/4, 2004)
Long Jump - Jordan Kent (fifth, 7.41m, 24-3 3/4, w:0.0, 2005)
Discus - Cody Fleming (18th, 42.24m, 138-7, 2005)
Javelin - Matt Adams (15th, 56.34m, 184-10, 2005)
Javelin - Cody Fleming (16th, 56.25m, 184-6, 2005)
Decathlon - Andy Young (second, 7,165, 2005; third, 7,372, 2004; fifth, 7,017, 2003)
Decathlon - Cody Fleming (fourth, 6,980, 2005)

Graduated Men's 2005 Pac-10 Qualifiers

400m - 1, Kedar Inico, 45.61 (45.89-p)
800m - 6, Roderick Dotts, 1:49.05 (1:50.78-p)
Steeple - 5, Brett Holts, 8:48.84
Steeple - 7, Kyle Alcorn, 8:56.11
5,000m - 6, Eric Logsdon, 14:04.14
5,000m - 15, Kyle Alcorn, 14:33.69
5,000m - 16, Brett Holts, 14:42.46
10,000m - 4, Eric Logsdon, 29:34.16
4x100m - 2, Inico, 39.29
4x400m - 2, Inico, 3:03.27
Long Jump - 3, Leonidas Watson, 7.63m, 25-0.5, nwi
Triple Jump - 2, Leonidas Watson, 16.37m, 53-8.5, w:1.0
Discus - 9, Brandon Tower, 52.30m, 171-7
Javelin - 2, Lars Mueller Laursen, 67.71m, 222-2
Hammer - 2, Paul Etter, 61.54m, 201-11
Javelin - 7, Tommy Skipper, 63.18m, 207-3
Javelin - 13, Brian Wuethrich, 57.60m, 189-0

HAYWARD IS HAPPENING: More High-Caliber Meets On Tap in '06

Looking ahead to other home meets in '06, the Pac-10 Championships return to Eugene for the sixth time in school history, Saturday-Sunday, May 13-14, and previous editions traveled to Hayward Field in 1967, '73, '82, '92 and '00. The Duck men will look to defend their 2005 team title, while the women are set to improve on their 68-point tally in 2005 – their highest since 1998. Hayward Field spectators should look for a host of Duck track and field alumni on hand the Pac-10 weekend as part of a special UO track and field alumni reunion. More meet information for several home meets is already posted or will be added soon to the SCHEDULE link on the www.GoDucks.com website.

COACHING UPDATE: Lananna Quickly Makes Mark as Ducks' New Mentor.

Associate Athletic Director and Director of Track and Field **Vin Lananna** is in his first season with the Ducks, and is very familiar with the University of Oregon and Pacific-10 Conference. The former Stanford head coach guided the league rival Cardinal men's and women's cross country and track and field programs to five NCAA team titles and 35 top-10 NCAA team finishes in his 11-year career from 1992-2003. Less than three months after his arrival, the Eugene community and University of Oregon celebrated a come-from-behind win in the bid for the 2008 U.S. Olympic Track and Field Trials – the fourth time since 1972 that the grand meet will travel to Hayward Field. Other members of the 2005-06 track and field staff include assistant athletic director **Michael Reilly**, assistant coaches **Kelly Blair LaBounty** (women's hurdles, heptathlon, first year), **Lance Deal** (throws, fourth year), **Robert Johnson** (jumps, women's sprints, first year), **Andy Powell** (men's distances, first year), **Dan Steele** (men's sprints, hurdles,

pole vault, decathlon, fourth year), and volunteer coaches **Piotr Buciarski** (pole vault, first year), **Kayla Mellott** (men's sprints, first year), **Maurica Powell** (women's distances, first year) and **Mark Vanderville** (pole vault, seventh year) and director of operations **Colleen Wren**.

HAYWARD FIELD PROFILE: Eugene Welcomed its Ninth NCAA Finale in '01.

At the heart of the recent buzz around Track Town, USA is venerable **Hayward Field** – the centerpiece of the community's and University's successful bid for the 2008 U.S. Olympic Track and Field Trials. One of the most famous track facilities in the world, it is named for **Bill Hayward**, who coached the Oregon's men's team from 1904-1947. The 10,205-seat stadium was originally dedicated in 1919 and boasts a standing room capacity of 10,505. In 2001, the venue welcomed the world's fastest, strongest and most explosive to a Triple Crown of great meets – the NCAA Outdoor Championships, Prefontaine Classic and USA Outdoor Championships. Altogether, nine NCAA Championships (1962-64-72-78-74-77-91-96-01) have visited Track City USA, along with three Olympic Trials (1972-76-80) and six U.S. Championships (AAU 1971-75, TAC 1986, USATF-1993-99-01). Since the NCAA started rotating outdoor championships sites in 1934, Oregon has welcomed more finals than any other school. California follows with eight (although they have not hosted one since 1968), and no other school has hosted more than five. Looking ahead, the fabled facility will host the 2006 Pacific-10 Conference Championships (Sat.-Sun., May 13-14), Oregon State High School Track and Field Championships (Fri.-Sat., May 26-27, www.osaa.org) and Prefontaine Classic (Sun., May 28, www.preclassic.com).

ALL-AMERICA EQUATION: Breaking down the NCAA Honor.

Based on their NCAA Championships performances, individuals are awarded All-America honors by the U.S. Track Coaches Association (USTCA). The top-eight finishers from each event are honored regardless of citizenship, and any additional U.S. finishers that are among the top eight American finishers are also rewarded. If necessary, the U.S.-based honors can even extend to the top performances in the preceding qualifying round if there are not eight Americans in the event's final. To clarify the equation, here is an example: If there were five foreigners in the 12-person javelin final, an American that placed 11th would receive All-America honors since he/she would be a guaranteed a top-eight finisher among U.S. participants. In this same instance, the aforementioned foreigners that finished top eight in the final would also be All-Americans, but not those that finished ninth or lower. Since there were only seven Americans in the 12-person final in this instance, the top remaining American from the preliminary round would also receive an award as the eighth American finisher.

2005 NCAA MEN'S OUTDOOR REWIND: Mitchum, Rupp and Skipper Have Placed Top-Two Before.

SACRAMENTO, Calif. (6/8-11/05) – Last year, the 'Men of Oregon' placed ninth in the 2005 NCAA Outdoor Championships for the third time in five years, and the squad welcomes back nine NCAA veterans in '06, including multiple NCAA champion **Tommy Skipper** and a pair of former NCAA runners-up – senior **Eric Mitchum** (110m hurdles, 2004) and sophomore **Galen Rupp** (10,000m, 2005). Other Ducks with NCAA experience include 3/4 of UO's record-setting 4x400m and 4x100m relays that placed third and sixth in the '05 outdoor collegiate finale in school records (3:00.81/39.20), and a quartet of seniors – **Matt Scherer** (400m), **Akobundu Ikwuakor** (110m/400m hurdles), **Jonathan Derby** (pole vault) and **Andrew Young** (decathlon). Mitchum and Skipper are also former Pac-10 and West Regional champions and are among 13 Duck veterans that have already scored top-10 conference finishes in individual events.

2005 NCAA WOMEN'S OUTDOOR REWIND: Field Events Showcase Several Vets.

SACRAMENTO, Calif. (6/8-11/05) – The Duck women tied for 32nd in the 2005 NCAA Outdoor Championships last June, courtesy of the eight points from NCAA javelin runner-up Sarah Malone. The Duck women return a pair of top-12 throwers from last year's collegiate outdoor finale – redshirt seniors **Roslyn Lundeen** (ninth, javelin) and **Brittany Hinchcliffe** (12th, hammer) – and senior **Lauryn Jordan** scored a then-personal best in the heptathlon (14th, 5,367) that moved her to fifth on the UO all-time lists. Lundeen won All-America honors for her top-eight finishes as a freshman and sophomore in 2002 and '03 (seventh/eighth), and **Elisa (Crumley) Reynoso** was also an All-American those two seasons (12th/13th). Oregon sports several other NCAA veterans including junior newcomer **Britney Henry** – an NCAA hammer qualifier in 2004 for LSU (223-8) – and the pole vault duo of junior **Emily Enders** and redshirt senior **Hannah Moore** who were qualifiers outdoors and indoors in 2004 (15th-tie / 13th).

THE ROAD TO SACTO: Explaining the Outdoor Regional System.

Over the course of the 2006 outdoor campaign, Duck individuals will try to meet regional qualifying event standards as they bid for invitations to the NCAA Outdoor Championships. Regional event standards are based on the 100th best performance nationally from 2005, while all conference champions are also automatically invited to their respective regional. Qualifiers then compete head-to-head in their respective regional among four national sites that host two-day meets on Fri.-Sat., May 26-27, as the Ducks travel to Provo, Utah for the West Regional. Except for the 10,000m and heptathlon/decathlon (that still operate on an automatic/provisional standard system based on season bests, similar to the indoor season), the top-five finishers from each individual regional event and top three relay placers automatically advance to the NCAA Championships, nearly two weeks later (June 7-10 in Sacramento, Calif.). Besides the automatic advancers from each regional, an additional 6-8 athletes nationally per individual event are invited by the NCAA Championships selection committee based on a season performance list (in case of injury, illness, etc.) as long as that athlete finished top eight in the regional event.

A list of various regional and national qualifying standards is available in the STATISTICS dropdown link at the top of the www.GoDucks.com track and field page.

ONLINE TRACK RESOURCES

For more Oregon track and field coverage, four area newspapers provide in-depth track and field coverage and include the local Eugene Register Guard (www.registerguard.com) and Oregon Daily Emerald Student Newspaper (www.dailymerald.com), along with The (Portland) Oregonian (www.oregonlive.com) and the Salem Statesman-Journal (www.statesmanjournal.com).

Links to other collegiate, national and international track and field-related websites follow:

Pacific-10 Conference: www.pac-10.org
NCAA Championships: www.ncaasports.com
NCAA Outdoor Host: www.HornetSports.com
NCAA: www.ncaa.org
Collegiate Track Results: www.TrackShark.com
USA Track and Field (USATF): www.usatf.org
USATF Oregon: www.usatf-oregon.org
United State Olympic Committee (USOC): www.olympic-usa.org
IAAF (International Track & Field): www.iaaf.org
High School T&F Info: www.dyestat.com
Oregon Track Club: www.oregontrackclub.org
Prefontaine Classic: www.preclassic.com
World Rankings: www.tilastopaja.net
Runner's World Magazine: www.runnersworld.com
Trackwire NCAA Team/Individual Predictions: www.trackwire.com
Track and News Magazine: www.trackandfieldnews.com

2006 Oregon Women's Outdoor Track and Field Season Bests

05/1/06

Career Best if superior listed next to name in (), NCAA AUTO QUALIFIER. IN CAPS, ** NCAA Provisional Qualifier,*NCAA Regional Qualifier

Running Events (NCAA Regional, USA A/B/Jr. Qual. Marks)

100 meters (11.75 11.42 11.48 11.84)			
Lauryn Jordan, Sr. (12.43)	w:1.4	11.7-h	4/8
Ashley Bridenbeck, So.	w:1.4	11.9-h	4/8
200 meters (23.96 23.30 23.40 24.54)			
Lauryn Jordan, Sr.	hep.	w:2.9 24.59w	4/12
		w:1.1 25.33	3/18
Kalindra McFadden, RFr. (25.00)	hep.	w:1.7 25.01	4/12
Irie Searcy, RSo.		w:4.8 24.97W	4/22
		w:0.2 25.22	3/25
Leah Worthen, Fr. (24.8)		w:4.8 25.00W	4/22
400 meters (54.61 52.50 52.70 55.94)			
Rebekah Noble, Fr.		55.74	4/22
Leah Worthen, Fr.		56.75	4/8
Irie Searcy, RSo.		56.99	4/8
800 meters (2:09.80 2:05.00 2:05.50 2:13.64)			
* Rebekah Noble, Fr.		2:03.11	4/8
* Sara Schaaf, R Sr. (2:06.91)		2:07.81	4/22
Amber McGown, R Sr.-TR		2:12.75	4/8
1,500 meters (4:27.80 4:15.50 4:16.50 4:40.14)			
* Amber McGown, R Sr.		4:21.30	4/1
* Dana Buchanan, Jr.		4:23.88	4/1
* Rebekah Noble, Fr.		4:24.49	4/1
Zoe Nelson, Fr.		4:28.67	4/28
Sarah Pearson, So.		4:30.30	4/29
Sara Schaaf, R Sr.		4:31.39	3/18
Amanda Fitz-Gustafson, R Sr.		4:32.68	4/28
Steeplechase (10:52.25 10:13.00 10:18.00 10:50.14)			
* Dana Buchanan, Jr.		10:33.77	4/8
* Amanda Fitz-Gustafson, R Sr.		10:38.50	4/21
Emily Mathis, R Jr.		11:02.90	4/21
5,000 meters (16:52.00 15:50.00 15:56.00 17:55.14)			
* Zoe Nelson, Fr.		16:50.60	4/1
* Sarah Pearson, So.		16:50.64	4/1
10,000 meters (NCAA Auto 33:50.00 Prov. 35:00.00 33:50.00 34:00.00)			
Sarah Pearson, So.		35:43.70	4/21

100 meter Hurdles (13.92 13.20 13.25 14.34)			
Lauryn Jordan, Sr.	w:2.2	14.26w	3/25
Kalindra McFadden, RFr.	w:5.9	14.29W	4/22
400 meter Hurdles (60.82 57.75 57.95 63.14)			
* Kasey Harwood, So.		60.23	4/28
Amanda Santana, RSo. (61.3-h)		61.71	4/8
4x100 meter Relay (45.70 NA NA NA)			
Jordan, Bridenbeck, Searcy, Worthen		46.87	4/8
4x400 meter Relay (3:42.00 NA NA NA)			
* McFadden, Searcy, Worthen, Noble		3:40.17	4/8

Meet Legend	Date
OREGON PREVIEW, HAYWARD FIELD	3/18
@ Trojan Invitational, Los Angeles, Calif.	3/25
@ Stanford Invitational, Palo Alto, Calif.	3/31-4/01
PEPSI TEAM INVITATIONAL, HAYWARD FIELD	4/8
@ Mt. SAC Relays, Walnut, Calif.	4/13-15
OREGON INVITATIONAL, HAYWARD FIELD	4/20-22
@ Penn Relays, Philadelphia, Penn.	4/27-29
@ Western Oregon Twilight, Monmouth, Ore.	4/28
OREGON TWILIGHT, HAYWARD FIELD	5/5
PAC-10 CHAMPS HEPTATHLON, HAYWARD FIELD	5/6-7
PAC-10 CHAMPS, HAYWARD FIELD	5/13-14
@ NCAA West Regional Championships, Provo, Utah	5/26-27
@ NCAA Championships, Sacramento, Calif.	6/7-10
@ USA Junior & Senior Championships, Indianapolis, Ind.	6/22-25

Field Events (NCAA Regional, USA A/B/Jr. Qual. Marks)

High Jump (5-8.75 6-0 5-11.5 5-7.75)			
Lauryn Jordan, Sr. (5-10)	hep.	1.71m	5-7.25 4/12
Kalindra McFadden, RFr.		1.66m	5-5.25 4/8
Roslyn Lundeen, R Sr.		1.60m	5-3 4/22
Pole Vault (12-5.5 14-0 13-9.25 12-9.5)			
* Emily Enders, Jr.		4.10m	13-5.75 3/25
Hannah Moore, R Jr. (12-6.25)		3.65m	11-11.75 3/25,4/28
Tara Rhein, Fr. (11-2)		3.35m	10-11.75 4/22,4/28
Long Jump (19-7 21-0 20-8 19-4.25)			
* Lauryn Jordan, Sr.	hep.	w:1.1 6.38m	20-11.25 4/13
Kalindra McFadden, RFr.		w:1.8 5.59m	18-4.25 4/8
Triple Jump (40-5 43-3.75 42-8 38-8.75)			
* Lauryn Jordan, Sr.		w:4.2 13.17m	43-2.5W 4/22
		w:3.7 13.10m	42-11.75w 4/22
		w:0.2 12.61m	41-4.5 4/8
Shot Put (46-11 53-1.75 52-6 44-7.5)			
Jennifer Greenspan, Fr.		12.51m	41-0.5 4/22
Roslyn Lundeen, R Sr. (42-2)		12.42m	40-9 4/8
Discus (155-2 180-5 178-10 147-8)			
Brittany Hinchcliffe, R Sr. (154-11)		45.31m	148-8 3/25
Lucy Cridland, Fr.		44.18m	144-11 4/8
Javelin (142-6 160-9 154-2 131-3)			
* Rachel Yurkovich, Fr.		54.82m	179-10 3/18
* Ashley McCrear, Fr. (158-6)		46.01m	150-11 3/25
* Roslyn Lundeen, R Sr. (166-11)		45.41m	149-0 4/8
Elisa Reynoso, R Sr. (169-7)		41.29m	135-5 3/25
Hammer (177-7 203-5 200-1 157-6)			
* Britney Henry, R Jr.-TR (223-8)		67.54m	221-7 4/15
* Brittany Hinchcliffe, R Sr.		62.51m	205-1 4/22
* Megan Maloney, Fr.		55.23m	181-2 4/28
Heptathlon (NCAA Auto 5,500 NCAA Prov. 5,000 5,500 5,450 4,200)			
** Kalindra McFadden, RFr.			5,428 4/12-13
** Lauryn Jordan, Sr.			5,426 4/12-13

Heptathlon Event Season Bests

100H	Kalindra McFadden, Fr.	w:0.0	14.64	4/12
HJ	Kalindra McFadden, Fr.		1.59m	5-25 4/12
SP	Kalindra McFadden, Fr.		12.37m	40-7 4/12
200	Kalindra McFadden, Fr.	w:1.7	25.01	4/12
1st Day	Kalindra McFadden, Fr.		3,186	4/12
LJ	Kalindra McFadden, Fr.		5.50m	18-0.5 4/13
JT	Kalindra McFadden, Fr.		39.16m	128-6 4/13
800	Kalindra McFadden, Fr.		2:15.12	4/13
2nd Day	Kalindra McFadden, Fr.		2,242	4/13
100H	Lauryn Jordan, Sr.	w:-1.7	14.34	4/12
HJ	Lauryn Jordan, Sr. (5-7.75)		1.71m	5-7.25 4/12
SP	Lauryn Jordan, Sr. (41-7.25)		12.37m	40-7 4/12
200	Lauryn Jordan, Sr.	w:2.9	24.59	4/12
1st Day	Lauryn Jordan, Sr.		3,337	4/12
LJ	Lauryn Jordan, Sr.	w:1.0	6.38m	20-11.25 4/13
JT	Lauryn Jordan, Sr. (121-5)		31.73m	104-1 4/13
800	Lauryn Jordan, Sr. (2:31.15)		2:36.74	4/13
2nd Day	Lauryn Jordan, Sr.		2,089	4/13

Key

q=qualifying section p=prelim section f=final section
 hep=heptathlon mark h=hand-timed c=converted

2006 Oregon Men's Outdoor Track and Field Season Bests

05/1/06

Career Best if superior listed next to name in (), NCAA AUTO QUALIFIER. IN CAPS, ** NCAA Provisional Qualifier,*NCAA Regional Qualifier.

Running Events (NCAA Regional, USA A/B/Jr. Qual. Marks)

100 meters (10.50 10.27 10.36 10.64)			
Jared Huske, Fr. (10.3)	w:1.6	10.86	4/8
200 meters (21.19 20.70 20.85 21.54)			
Matt Scherer, Sr.	w:1.7	21.35	4/15
Jordan Kent, R.Jr. (20.82w/20.99)	w:2.7	21.42w	4/22
Akobundu Ikwuakor, Sr.	w:-1.9	22.14	4/8
400 meters (47.26 46.00 46.25 47.84)			
* Matt Scherer, Sr. (45.70)		45.90	4/22
Akobundu Ikwuakor, Sr. (47.59)		48.60	4/8
Travis Anderson, Sr. (46.90)		48.86	4/22
800 meters (1:50.40 1:48.00 1:48.45 1:53.04)			
* Matt Scherer, Sr.		1:50.25	3/25
Michael McGrath, RSo. (1:47.62)		1:51.79	4/22
Duke Wastoney, Fr.		1:53.61	4/28
Travis Anderson, Sr.		1:53.83	3/25
Blake Flanders, Sr.		1:53.94	4/28
1,500 meters (3:47.80 3:41.50 3:42.10 3:58.14)			
* Michael McGrath, RSo. (3:42.44)		3:45.45	4/21
UNAT-Shadrack Kiptoo Biwott, So. (3:41)		3:49.07	3/18
Blake Flanders, Sr.		3:51.52	4/21
Duke Wastoney, Fr.		3:52.59	4/21
Christopher Winter, RFr. (3:52.66)		3:53.25	3/18
Carlos Trujillo, RSo. (3:55.04)		3:55.17	4/22
Andrew Perri, Fr.		3:56.40	4/28
Mile (4:06.00 3:59.00 3:59.50 4:15.24)			
UNAT-Shadrack Kiptoo Biwott, So. (4:02.65)		4:04.94	4/22
Steeplechase (9:07.00 8:44.50 8:45.50 9:39.40)			
* Christopher Winter, RFr. (8:54.94)		9:00.88	4/21
Patrick Werhane, RSo.		9:44.47	4/8
5,000 meters (14:10.00 13:50.00 13:52.00 15:05.00)			
UNAT-Shadrack Kiptoo Biwott, So.		13:55.18	3/31
Carlos Trujillo, RSo.		14:21.05	3/31
Patrick Werhane, RSo.		14:48.42	4/21
10,000 meters (NCAA Auto 28:45.00 NCAA Prov. 29:30.00 28:40.00 29:01.30)			
Patrick Werhane, RSo.		30:36.58	3/31
110 meter Hurdles (14.33 13.79 13.89 14.84)			
* Eric Mitchum, Sr. (13.38)	w:2.8	13.48	4/22
	w:0.9	13.65	3/25
* Akobundu Ikwuakor, Sr. (13.83)	w:4.1	14.07w	4/8
	w:2.8	14.13w	4/22
* Walter Thurmond III, Fr.	w:0.9	14.29	3/25
Jared Huske, Fr.	w:2.8	14.63w	4/22
400 meter Hurdles (52.51 50.60 50.75 53.94)			
* Eric Mitchum, Sr. (51.27)		52.09	4/8
Jared Huske, Fr. (52.49)		53.59	4/8
4x100 meter Relay (40.66 — — —)			
* Del Rincon, Mitchum, Huske, Kent		40.33	4/8
4x400 meter Relay (3:10.00 — — —)			
* Anderson, Scherer, Ikwuakor, Kent		3:08.82	4/28b

Field Events (NCAA Regional, USA A/B/Jr. Qual. Marks)

High Jump (6-10.75 7-7 7-2.5 6-9)			
Jeff Lindsey, Sr. (7-2)	1.97m	6-5.5	4/8
Adam O'Connell, Fr. (6-6)	1.97m	6-5.5	4/8
Pole Vault (16-6.75 18-8.25 18-0.5 16-0.75)			
* Tommy Skipper, Jr.	5.79m	19-0	3/18
* Jon Derby, R.Sr. (16-9.25)	5.10m	16-8.75	3/18
Andrew Young, R.Sr. (17-0.75)	4.80m	15-9	3/18
David Moore, RSo. (16-8.75)	4.69m	15-5	3/25
Long Jump (24-1 26-3 25-5.25 23-10.75)			
Alexey Shkuratov, Fr. (23-6)	w:1.5 6.71m	22-0.25	4/8
Andy Young, R.Sr. (21-10.25)	w:4.2 6.71m	22-0.25W	4/8
Triple Jump (49-5.75 53-7.75 52-2 48-0.75)			
Matthew Welch, Fr.	w:3.8 13.13m	43-1w	4/22
Shot Put (55-1.5 63-0 61-0 57-9)			
* Colin Veldman, R.Jr. (58-10)	17.00m	55-9.25	3/25
Mark Lewis, RFr.	15.87m	52-1	4/8
Discus (169-7 200-1 192-11 174-3)			
* Colin Veldman, R.Jr.-TR (184-6)	55.47m	182-0	4/28
Hammer (182-5 218-6 212-0 159-0)			
* Colin Veldman, R.Jr.-TR (211-0)	64.22m	210-8	4/21
Michael Hill, R.Jr.	51.75m	169-9	3/18
Steven Johnson, Fr.	51.27m	168-2	4/8
Matthew Maloney, Fr.	51.17m	167-10	4/28
Javelin (202-1 232-11 229-8 190-3)			
* Matthew Maloney, Fr. (231-5)	68.56m	224-11	4/21
* Ryan Brandel, Jr.-TR (212-0)	62.12m	203-10	4/21
UNAT-Alex, Wolff, Fr. (213-5)	58.91m	193-3	3/18
Cody Fleming, Sr.	dec.	192-1	4/21
Decathlon (NCAA Auto 7,500 NCAA Prov. 7,000 7,850 7,600 5,950)			
Cody Fleming, Sr. (6,980)		6,901	4/20-21
Alexey Shkuratov, Fr. (6,708)		6,585	4/20-21
Andy Young, R.Sr. (7,372)	(9 events)	6,264	4/12-13

Decathlon Event Season Bests

100	Andy Young, R.Sr. (11.31w/11.50)w:0.0		11.89	4/12
LJ	Andy Young, R.Sr. (22-6.25)	6.64m	21-9.5	4/12
SP	Andy Young, R.Sr. (37-4)	10.80m	35-5.25	4/12
HJ	Andy Young, R.Sr.	1.95m	6-4.75	4/12
400	Andy Young, R.Sr. (49.86)		51.77	4/12
1st Day	Andy Young, R.Sr. (3,578)		3,429	4/12
110H	Andy Young, R.Sr. (15.14)	w:-1.1	16.12	4/13
DT	Andy Young, R.Sr. (127-5)		NM	4/13
PV	Andy Young, R.Sr. (17-0.25)	4.45m	14-7.25	4/13
JT	Andy Young, R.Sr. (170-10)	50.41m	165-5	4/13
1,500	Andy Young, R.Sr. (4:14.20)		4:25.43	4/13
2nd Day	Andy Young, R.Sr. (3,807)		2,835	4/13
100	Cody Fleming, Jr. (11.35)	w:2.2	11.63	4/20
LJ	Cody Fleming, Jr. (21-6.75)	w:2.2	6.62m	21-8.75
SP	Cody Fleming, Jr. (45-7.75)		13.51m	44-4
HJ	Cody Fleming, Jr. (6-7)		1.95m	6-4.75
400	Cody Fleming, Jr. (51.90)		53.92	4/20
1st Day	Cody Fleming, Jr. (3,669)		3,549	4/20
110H	Cody Fleming, Jr. (16.80)	w:3.9	16.89	4/21
DT	Cody Fleming, Jr. (146-9)	44.50m	146-0	4/21
PV	Cody Fleming, Jr.	4.16m	13-7.25	4/21
JT	Cody Fleming, Jr.	58.54m	192-1	4/21
1,500	Cody Fleming, Jr. (4:44.12)		4:56.24	4/21
2nd Day	Cody Fleming, Jr.		3,352	4/22
100	Alexey Shkuratov, Fr.	w:2.2	11.30	4/20
LJ	Alexey Shkuratov, Fr. (23-6)	w:1.7	6.60m	21-8
SP	Alexey Shkuratov, Fr. (45-6.5)		11.84m	38-10.25
HJ	Alexey Shkuratov, Fr. (6-7.5)		1.95m	6-4.75
400	Alexey Shkuratov, Fr. (52.25)		52.40	4/20
1st Day	Alexey Shkuratov, Fr.		3,577	4/20
110H	Alexey Shkuratov, Fr. (14.63)	w:4.5	15.02w	4/21
DT	Alexey Shkuratov, Fr. (124-5)	36.71m	120-5	4/21
PV	Alexey Shkuratov, Fr.	4.16m	13-7.75	4/21
JT	Alexey Shkuratov, Fr. (166-2)	43.86m	143-11	4/21
1,500	Alexey Shkuratov, Fr. (4:58)		5:29.34	4/21
2nd Day	Alexey Shkuratov, Fr.		3,008	4/21

Key

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Meet Legend

	Date
OREGON PREVIEW, HAYWARD FIELD	3/18
@ Trojan Invitational, Los Angeles, Calif.	3/25
@ Stanford Invitational, Palo Alto, Calif.	3/31-4/01
PEPSI TEAM INVITATIONAL, HAYWARD FIELD	4/8
@ Mt. SAC Relays, Walnut, Calif.	4/13-15
OREGON INVITATIONAL, HAYWARD FIELD	4/20-22
@ Western Oregon Twilight, Monmouth, Ore.	4/28
@ Penn Relays, Philadelphia, Penn.	4/28-29b
OREGON TWILIGHT, HAYWARD FIELD	5/5
PAC-10 CHAMPS DECATHLON, HAYWARD FIELD	5/6-7
PAC-10 CHAMPS, HAYWARD FIELD	5/13-14
@ NCAA West Regional Championships, Provo, Utah	5/26-27
@ NCAA Championships, Sacramento, Calif.	6/7-10
@ USA Junior & Senior Championships, Indianapolis, Ind.	6/22-25

Duck Women's All-Time Outdoor List

100 Meters

1. Rosie Williams	11.58	1989
LaReina Woods	11.58	1993
3. Debbie Adams	11.65	1978
4. Camara Jones	11.73	1992
5. Melanie Batiste	11.77	1979
Jamila Godfrey	11.77	1995
7. Stefanie Hunter	11.94	1988
8. Carol Amaral	11.97	1976
Grace Bakari	11.97	1982
10. Sofie Abildtrup	12.01	2004
Nicole Commissiong	12.01	1996

200 Meters

1. Rosie Williams	23.39	1989
2. Melanie Batiste	23.66	1980
3. Stefanie Hunter	23.75	1989
4. LaReina Woods	23.84	1996
5. Nicole Commissiong	23.89	1996
6. Camara Jones	23.92	1995
7. Sofie Abildtrup	23.93	2004
8. Debbie Adams	24.08	1978
9. Cam Talton	24.13	1985
10. Kris Costello	24.15	1976
Kelly Blair	24.15	1993

400 Meters

1. Camara Jones	51.44	1995
2. Nicole Commissiong	52.65	1996
3. Sofie Abildtrup	52.92	2004
4. Grace Bakari	53.3	1981
5. Janette Davis	53.87	2003
6. Tish Henes	53.91	1998
7. Stefanie Hunter	54.05	1987
8. Leann Warren	54.08	1981
9. Rhonda Massey	54.41	1981
10. Rosie Williams	54.56	1989

800 Meters

1. C. Groenendaal	1:58.33	1985
2. Leann Warren	1:59.63	1981
3. Ranza Clark	2:01.7	1984
4. Rebekah Noble	2:03.11	2006
5. Kaarin Knudson	2:04.52	1997
6. Vicky Fleschner	2:04.78	1997
7. Brenda Bushnell	2:06.17	1984
8. Eri Macdonald	2:06.37	2002
9. Francie Faure	2:06.39	1988
10. Stephanie Morris	2:06.80	1988
> Sara Schaaf	2:06.91	2005

1,500 Meters

1. Leann Warren	4:05.88	1982
2. Ranza Clark	4:07.50	1984
3. C. Groenendaal	4:08.13	1984
4. Kathy Hayes	4:14.94	1982
5. Annette Hand	4:15.65	1988
6. Penny Graves	4:18.57	1987
7. Cheri Williams	4:18.9	1979
8. Lise Johansen	4:18.90	1989
9. Katie Crabb	4:19.30	2000
10. Marie Davis	4:19.60	1998
> Amber McGown	4:21.30	2006
Dana Buchanan	4:23.88	2006
Rebekah Noble	4:24.49	2006

Mile

1. Leann Warren	4:30.36	1981
2. Annette Hand	4:38.19	1988
3. Cheri Williams	4:41.4	1979
4. Katie Crabb	4:42.19-i	2001
5. Ranza Clark	4:42.8	1982
6. Kaarin Knudson	4:43.88-i	1999
7. Ellen Schmidt	4:44.7	1979
8. Eryn Forbes	4:45.2	1982
9. Penny Graves	4:45.44-i	1988
10. Kim Roth	4:45.8i	1983

3,000 Meters

1. Kathy Hayes	8:50.79	1983
2. Annette Hand	8:59.15	1988
3. Melody Fairchild	9:07.25i	1996
4. Eryn Forbes	9:07.5	1982
5. Penny Graves	9:07.86	1988
6. Rosa Gutierrez	9:10.75	1982
7. Milena Glusac	9:13.29	1996
8. Leann Warren	9:14.02	1982
9. Lisa Martin	9:14.8	1983
10. Liz Wilson	9:17.81i	1991
> Dana Buchanan	9:38.09	2006

Steeplechase

1. Dana Buchanan	10:33.77	2006
2. A. Fitz-Gustafson	10:38.50	2006
3. Carrie Zografos	10:42.02	2002
4. Marie Davis	10:54.8	1999
5. Emily Mathis	11:02.90	2006
6. A. Snyder-Carlson	11:07.85	2002
7. Kaarin Knudson	11:21.5	1999
8. Chrissy Ruitter	11:29.74	2000
9. Annie Davis	11:58.97	2002

5,000 Meters

1. Kathy Hayes	15:23.03	1985
2. Annette Hand	15:34.55	1988
3. Eryn Forbes	15:37.01	1982
4. Penny Graves	15:50.41	1988
5. Milena Glusac	15:51.66	1996
6. Melody Fairchild	15:53.56	1996
7. Lucy Nusrala	16:01.69	1991
8. Lisa Martin	16:06.15	1983
9. Stephanie Wessell	16:08.87	1990
10. Liz Wilson	16:10.42	1990

10,000 Meters

1. Kathy Hayes	32:43.81	1984
2. Lisa Martin	33:12.1	1983
3. Melody Fairchild	33:18.99	1996
4. Stephanie Wessell	33:31.3	1991
5. Eryn Forbes	33:31.7	1982
6. Liz Wilson	34:13.04	1988
7. Niamh Zwagerman	34:23.15	1996
8. Rosa Gutierrez	34:27.65	1983
9. Molly Morton	34:28.5	1979
10. Nicole Woodward	34:42.4	1991

100-Meter Hurdles

1. Lexie Miller (Beck)	13.67	1981
2. Kelly Blair	13.74	1994
3. Kris Costello	13.76	1981
4. Kay Garnett	13.78	1984
5. Janell Thorsland	13.90	1984
6. Ann Sullivan	13.99	2001
7. Abby Andrus	14.00	2003
Camille Jampolsky	14.00	1987
9. Katie O'Brien	14.11	1988
10. Kamala Kohlmeier	14.12	1990

400-Meter Hurdles

1. Lexie Miller (Beck)	57.08	1983
2. Tish Henes	58.40	1998
3. Lisa Nicholson	58.42	1983
4. Kelly Blair	58.75	1993
5. Abby Andrus	59.29	2004
6. Sharon Otterstedt	59.86	1988
7. Kayla Mellott	60.13	2005
8. Kasey Harwood	60.23	2006
9. Tamara Schürch	60.89	1995
10. Julie Hilsenteger	61.04	1984
> Amanda Santana	61.3	2004
	61.71	2006

4x100 Relay

1. Woods, Jones, Bedwell, Godfrey,	44.76,	1993
2. Woods, Jones, Bedwell, Warren,	44.87,	1992
3. Woods, Jones, Bedwell, Godfrey,	44.95,	1993
4. Wallace, Godfrey, Woods, Commissiong,	45.01,	1996
5. Commissiong, Godfrey, Woods, Jones,	45.02,	1995
6. Commissiong, Godfrey, Woods, Jones,	45.12,	1995
7. Commissiong, Godfrey, Woods, Jones,	45.13,	1995
8. Commissiong, Godfrey, Woods, Jones,	45.32,	1995
9. Thomas, Godfrey, Woods, Jones,	45.44,	1995
10. Church, R. Williams, L. Williams, Hunter,	45.50,	1989

4x400 Relay

1. Woods, Jones, Godfrey, Commissiong,	3:33.11,	1995
2. Thomas, Commissiong, Woods, Jones,	3:34.29,	1995
3. Bedwell, Woods, Blair, Jones,	3:36.49,	1993
4. Morris, Henes, Godfrey, Commissiong,	3:36.79,	1993
5. Woods, Bedwell, Blair, Jones,	3:38.02,	1993
6. Thomas, Godfrey, Commissiong, Jones,	3:38.51,	1995
7. Church, Jampolsky, Hunter, Setterholm,	3:38.96,	1988
8. Hutson, Klein, Jones, Williams,	3:39.15,	1991
9. Hunt, Klein, Bedwell, Jones,	3:39.35,	1992
10. Miller, Massey, Warren, Bakari,	3:39.55,	1981
> McFadden, Searcy, Worthen, Noble,	3:40.17,	'06

High Jump

1. Camille Jampolsky	6-2.75	1988
2. Laurel Roberts	6-0.5	1990
3. Kelly Blair	5-10.75	1993
4. Shari Collins	5-11.5	1985
5. Lauryn Jordan	5-10	2005
Jeanne Borchartd	5-10	1982
7. Jenny Brogdon	5-9.25	2002,03
8. Trish King	5-8.25-i	1981
9. Rachael Kriz	5-8	2004
Loi Brumley	5-8-i	1984
Amo Olson	5-8-i	1993

Pole Vault

1. Becky Holliday	14-8	2003
2. Niki (Reed) McEwen	13-11.25	2003
3. Kirsten (Riley) Larwin	13-6.25	2004
4. Emily Enders	13-5.75	2006
5. Karina Elstrom	12-9.5	1999
6. Georgette Moyle	12-7.25	2001
Holly Speight	12-7.25	2001
8. Hannah Moore	12-6.25	2003

Long Jump

1. Julie Goodrich	21-0.5	1988
2. Lauryn Jordan	20-11.25	2006
3. Camille Jampolsky	20-9	1988
4. Jenni Grasley	20-8.5	1989
5. Kelly Blair	20-3.5	1993
6. Jennifer Thomas	20-3	1996
7. Janell Thorsland	19-11.75	1986
8. Sara Jessie	19-11	1995
9. Laurel Roberts	19-10.25	1991
10. Lexie Miller (Beck)	19-9.5	1981

Triple Jump

1. Sara Jessie (Howell)	42-6	1995
2. Lauryn Jordan	41-4.5	2006
	42-11.75w	'06
	43-2.5W	'06
3. Phillis McKinney	41-4.25	1989
4. Kim Carlisle	41-0.5	1992
5. Amanda Brown	40-9.5	2003
6. Clarice Hayward-Lee	40-8.75	2004
7. Janell Thorsland	40-4.75	1987
8. Mary Gilbert	40-2.75	1994
9. Julie Goodrich	40-1.5	1988
10. Nonglack Somsanith	39-8.5	1998

Shot Put

1. Bree Fuqua	53-11.25	2005
2. Quenna Beasley	53-1.5	1983
3. Cora Aguilar	51-1.5	1986
4. Yvette Brown	50-5.25	1987
5. Mary Etter	49-11.25	2002
6. Julie Beck	49-10	1993
7. Chris Cvitanich	48-5.5	1997
8. Carrie Albano	48-4.5	1980
9. Valerie Sweitzer	47-6.5	1996
10. Kelly Kempf	47-3.5	1991

Discus

1. Quenna Beasley	180-9	1985
2. Mary Etter	179-7	2003
3. Cora Aguilar	174-7	1986
4. Karen McDonald	173-8	1981
5. Yvette Brown	172-2	1987
6. Stephanie Smith	171-9	1990
7. Heidi Fisk	170-6	1999
8. Katie McKeever	169-9	2002
9. Julie Beck	167-10	1993
10. Maureen Morrison	166-9	1998

Hammer

1. Britney Henry	221-7	2006
2. Brittany Hinchcliffe	205-1	2006
3. Jordan Sauvage	191-4	2003
4. Maureen Morrison	186-6	2000
5. Megan Kriz	185-0	2004
6. Heidi Fisk	183-6	1999
7. Megan Maloney	181-2	2006
8. Katie Kersh	179-7	2005
0. Mary Etter	176-10	2001
10. Whitney Gum	174-10	2004

Javelin (new implement)

1. Sarah Malone	186-10	2005
2. Rachel Yurkovich	179-10	2006
3. Elisa Crumley	169-7	2002
4. Karis Howell	168-1	2000
5. Roslyn Lundeen	166-11	2002
6. Charyl Weingarten	158-8*	2002
7. Rachael Kriz	151-3	2005
8. Ashley McCrea	150-11	2006
9. Wendy Olson	146-1	2000
10. Tasha Cooper	144-0	1999
Sara Dinsmore	144-0	2001

*New implement introduced in 1999

Javelin (old implement)

1. Lynda Hughes	202-3	1982
2. Paula Berry	202-1	1991
3. Sally Harmon	190-4	1982
4. Ashley Selman	188-5	1993
5. Jill Smith	187-7	1989
6. Patty Kearney	180-7	1980
7. Roz Rouse	180-0	1983
8. Kim Hyatt	178-1	1990
9. Brooke Allen	175-11	1989
10. Kelsey Stellick	174-2	1995

Heptathlon

1. Kelly Blair	6,038	1993
2. Camille Jampolsky	5,516	1987
3. Stefanie Hunter	5,484	1989
4. Jennifer Thomas	5,452	1998
5. Kalindra McFadden	5,428	2006
6. Lauryn Jordan	5,426	2006
6. Abby Andrus	5,325	2004
7. Jenny Kenyon	5,169	2002
8. Kamala Kohlmeier	5,100	1991
9. Katie O'Brien	4,990	1988
10. Lauri Tennant	4,948	1983
> Roslyn Lundeen	4,935	2005

BOLD Indicates Current Athlete

Duck Men's All-Time Outdoor List

100 Meters

1. Don Coleman	10.11	1978
2. Samie Parker	10.18	2003
3. Andrew Banks	10.22	1978
4. Pat Johnson	10.26	1995
5. Harry Jerome	10.26	1964
6. George Walcott	10.32	1982
7. Jordan Kent	10.41	2005
Dino Philyaw	10.41	1995
9. Ricardo Cottengim	10.46	2000
10. Mark Dannis	10.48	1987
> R. Del Rincon	10.50	2005

200 Meters

1. Pat Johnson	20.39	1995
Don Coleman	20.39	1979
3. George Walcott	20.64	1983
4. Harry Jerome	20.79	1964
5. Jordan Kent	20.82	2005
6. Andrew Banks	20.86	1978
7. R. Del Rincon	20.93	2005
8. Al Dukowski	21.04	1977
9. Klaus Weigeldt	21.11	1989
10. Kedar Inico	21.17	2004
> Matt Scherer	21.52	2005

400 Meters

1. Otis Davis	45.07	1960
2. Kedar Inico	45.22	2005
3. Pat Johnson	45.38	1995
4. Matt Scherer	45.70	2005
5. Dacre Bowen	46.16	1977
6. Pat Lanning	46.38	1988
7. Dave Hagmeier	46.44	1976
8. Klaus Weigeldt	46.47	1989
9. Ron Thomas	46.65	1979
10. Ronnie Harris	46.66	1993

800 Meters

1. Joaquim Cruz	1:41.77	1984
2. Wade Bell	1:45.17	1967
3. David Mack	1:45.55	1982
4. Simon Kimata	1:46.65	2002
5. Dub Myers	1:47.51	1984
6. Shannon Lemora	1:47.75	1991
7. Steve Bence	1:47.7	1974
8. Scott Daggatt	1:47.8	1974
9. Dave Anderton	1:48.00	1987
10. Greg Walton	1:48.7	1978
> Michael McGrath	1:50.24	2004
Matt Scherer	1:50.25	2006

880 Yards

1. Wade Bell	1:46.1	1967
2. Dyrrol Burleson	1:47.7	1962
3. Jere Van Dyk	1:47.9	1967
4. Steve Bence	1:48.1	1973
5. Sig Ohlemann	1:48.7	1962
6. Jim Reverman	1:48.8	1968
7. Jim Grelle	1:49.1	1958
8. Roscoe Divine	1:49.1	1970

1,500 Meters

1. Joaquim Cruz	3:36.48	1984
2. Matt Centrowitz	3:36.7	1976
3. Dub Myers	3:37.89	1984
4. Steve Prefontaine	3:38.1	1973
5. Arne Kvalheim	3:38.5	1968
6. Rudy Chapa	3:38.7	1979
7. Knut Kvalheim	3:39.0	1973
8. Norm Trerise	3:39.6	1968
9. Jim Hill	3:39.85	1982
10. Dave Wilborn	3:39.9	1968
> Galen Rupp	3:44.39	2005
Michael McGrath	3:46.82	2006

Mile

1. Joaquim Cruz	3:53.00	1984
2. Steve Prefontaine	3:54.6	1973
3. Dub Myers	3:55.31	1986
4. Dave Wilborn	3:56.2	1967
5. Roscoe Divine	3:56.3	1970
6. Jim Hill	3:56.41	1982
7. Rudy Chapa	3:57.04	1981
8. Dyrrol Burleson	3:57.6	1961
Archie San Romani	3:57.6	1964
10. Knut Kvalheim	3:57.9	1973
11. Paul Geis	3:58.1	1974

12. Keith Forman	3:58.3	1962
13. Arne Kvalheim	3:58.5	1968
Mark Feig	3:58.5	1974
15. Jim Bailey	3:58.6	1956
Scott Daggatt	3:58.6	1975
17. Gary Barger	3:58.8	1975
18. Bill McChesney Jr.	3:59.1	1980
19. Matt Centrowitz	3:59.2	1975
Steve Savage	3:59.2	1970
21. Colin Dalton	3:59.44	1991
22. Steve Fein	3:59.46	2000
23. Harold Kuphaldt	3:59.73	1987
24. Rick Bergesen	3:59.79	1987
25. Mike Blackmore	3:59.80	1984
26. Wade Bell	3:59.8	1966
27. Lars Kaupang	3:59.9	1974

3-Mile

1. Steve Prefontaine	12:53.4	1973
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Steeplechase

1. Ken Martin	8:20.97	1980
2. Knut Kvalheim	8:25.6	1973
3. Don Clary	8:26.9	1979
4. Danny Lopez	8:28.44	1990
5. Steve Savage	8:29.6	1971
6. Matt McGuirk	8:33.03	1984
7. Dan Nelson	8:34.19	1987
8. Harold Kuphaldt	8:34.19	1984
9. Todd Lathers	8:35.0	1973
10. Mike Friton	8:35.0	1981

5,000 Meters

1. Bill McChesney Jr.	13:14.80	1982
2. Rudy Chapa	13:19.22	1979
3. Alberto Salazar	13:22.31	1979
4. Steve Prefontaine	13:22.4	1973
5. Paul Geis	13:23.4	1974
6. Jim Hill	13:30.52	1982
7. Ken Martin	13:37.49	1980
8. Eric Logsdon	13:40.21	2005
9. Matt Centrowitz	13:42.7	1977
10. Steve Fein	13:43.40	1999
> Galen Rupp	13:44.72	2005

10,000 Meters

1. Bill McChesney Jr.	27:50.82	1982
2. Alberto Salazar	28:06.12	1979
3. Galen Rupp	28:15.52	2005
4. Jason Hartmann	28:31.96	2003
5. Matthew Davis	28:38.86	1999
6. Chris Hamilton	28:45.56	1984
7. Rudy Chapa	28:51.1	1977
8. Peter Fonseca	28:55.78	1989
9. Ryan Andrus	28:56.67	2004
10. Terrence Mahon	28:57.79	1989

6-Mile

1. Steve Prefontaine	27:09.4	1973
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110-Meter High Hurdles

1. Eric Mitchum	13.38	2004
2. Micah Harris	13.67	2002
3. Bob Gray	13.79	1991
4. LaMar Hurd	13.81	1984
5. AK Ikwuakor	13.83	2005
6. Phil Bransom	13.84	1979
7. Terry Ellis	13.93	2003
8. Don Wright	14.04	1981
9. J.J. Birden	14.05	1988
10. Dwight Robertson	14.07	1982
> Walter Thurmond	14.29	2006

Hand Times:

1. Ivory Harris	13.7	1972
2. Dave Edstrom	13.8	1960
Don Wright	13.8	1981

120-Yard High Hurdles

1. Jerry Tarr	13.3	1962
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400M Intermediate Hurdles

1. Pedro Chiamulera	49.64	1987
2. Bob Gray	49.83	1992
3. Don Ward	50.19	1984
4. Brian Wright	50.38	1990
5. Richard Curtis	50.49	1986
6. Brandon Holliday	50.52	2004

7. Phil Bransom	50.57	1979
8. AK Ikwuakor	50.61	2005
9. Will Driessen	50.97	1998
10. Eric Mitchum	51.27	2004

Hand Times:

1. Gary Knoke	49.6	1968
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440Y Intermediate Hurdles

1. Jerry Tarr	50.3	1962
Gary Knoke	50.3	1968

4x100 Relay

1. Del Rincon, Scherer, Inico, Kent	39.20	2005
2. Del Rincon, Scherer, Inico, Kent	39.22	2005
3. Del Rincon, Scherer, Inico, Kent	39.29	2005
4. Del Rincon, Scherer, Inico, Kent	39.80	2005
Hosey, McClendon, Gray, Harris,	39.80	1991
6. Del Rincon, Scherer, Inico, Kent	39.83	2005
7. Del Rincon, Scherer, Inico, Kent	39.88	2005
Hosey, McClendon, Gray, Harris,	39.88	1991
9. Del Rincon, Scherer, Inico, Kent	40.00	2005
10. Gray, Wilson, Russell, Weigeldt,	40.01	1989
11. Del Rincon, Scherer, Inico, Kent	40.05	2005
12. Del Rincon, Scherer, Inico, Kent	40.08	2005

4x400 Relay

1. Kent, Inico, Ikwuakor, Scherer	3:00.81	2005
2. Anderson, Inico, Ikwuakor, Scherer	3:03.27	2005
3. Anderson, Holliday, Inico, Scherer	3:03.49	2004
4. Anderson, Holliday, Inico, Scherer	3:03.73	2004
5. Anderson, Holliday, Inico, Scherer	3:03.88	2004
6. Anderson, Holliday, Inico, Scherer	3:03.93	2004
7. Anderson, Inico, Ikwuakor, Scherer	3:04.10	2005
8. Anderson, Inico, Ikwuakor, Scherer	3:05.72	2005
9. Anderson, Scherer, Kent, Holliday	3:06.73	2003
10. Nixon, Coleman, Wright, Mack,	3:07.4,	1982
11. Nixon, Harrison, Ward, Mack,	3:07.66,	1981
12. Anderson, Inico, Ikwuakor, Scherer	3:07.69	'05
13. Anderson, Inico, Ikwuakor, Scherer	3:07.79	'05

High Jump

1. Jason Boness	7-5	2000
2. Andy Young	7-4.25	1989
3. Chris Nelson	7-3	1996
4. Jan From	7-2	1979
5. Jeff Lindsey	7-1.75	2004
6. Teddy Davis	7-1	2004
7. Chris Harper	7-0.5	1984
Marty Hill	7-0.5	1971
Dave Howard	7-0.5	1983
Kyley Johnson	7-0.5	2000
Muhammad Oliver	7-0.5	1991
Damian Olson	7-0.5	1998
Scott Seidel	7-0.5	1987
Sean Sullivan	7-0.5	1988
Jason Walton	7-0.5	1993
Keith Washington	7-0.5	1985
Eric White	7-0.5	1993

Pole Vault

1. Tommy Skipper	19-0	2006
2. Kory Tarpenning	18-6.5	1985
3. Tom Hintnaus	18-4.5	1980
4. Piotr Buciarski	18-2.5	1999
5. Trevor Woods	18-0.5	2002
Jay Davis	18-0.5	1986
6. Tim Canfield	17-10.5	1986
7. Brian Cullen	17-9.25	1990
8. John Switzer	17-9	1980
9. Jeromy Williams	17-8.5	1995
10. Mark Vanderville	17-6	1991

Long Jump

1. Latin Berry	26-8.5	1989
2. Bouncy Moore	26-2.25	1971
3. Ross Blackman	26-1	1974
4. Leonidas Watson	26-0.75	2005
Uchenna Agu	26-0.75	1986
6. Tom Smith	26-0	1969
7. Mel Renfro	25-11.75	1962
8. J.J. Birden	25-8.75	1988
Spencer Williams	25-8.75	1988
10. Ivory Harris	25-5.5	1957
Ray Livingston	25-5.5	1996
> Jordan Kent	24-9.75	2005

Triple Jump

1. Spencer Williams	53-11.25	1989
2. Latin Berry	53-10.25	1989
3. Gregg Bleakney	53-9.75	1998

4. Leonidas Watson	53-8.5	2005
5. Uchenna Agu	52-6.75	1986
6. Foluso Akinradewo	52-0.5	2003
7. LaMar Hurd	51-11.5	1983
8. Todd Bleakney	51-2.75	1994
9. Gary Lacey	51-0	1979
10. Anthony Berry	50-11	1977

Shot Put

1. Dean Crouser	69-1.5	1982
2. Neil Steinhauer	68-11.75	1967
3. Jeff Stover	68-4.5	1980
4. Pete Shmock	66-5	1972
5. Dave Voorhees	64-3.75	1978
6. Vince Goldsmith	63-10.25	1981
7. Mac Wilkins	63-8	1973
8. Greg Aitkenhead	63-7.75	1986
9. Dave Steen	61-11.25	1963
10. Jeff Hultberg	61-3.5	1985
> Colin Veldman	55-9.25	2006

Discus

1. Dean Crouser	216-2	1983
2. Mac Wilkins	212-6	1973
3. Dave Voorhees	206-6	1978
4. Ray Burton	204-4	1976
5. Kevin Carr	198-11	1986
6. Jose deSouza	196-9	1988
7. Steve Davis	193-11	1983
8. Gary Wolf	193-2	1972
9. Jeff Hultberg	189-4	1985
10. Kent Landerholm	188-6	1983
> Colin Veldman	182-0	2006

Hammer

1. Ken Flax	257-0	1986
2. Scott McGee	225-10	1991
3. Kent Landerholm	225-8	1983
4. Eric Finch	222-0	1989
5. Adam Kriz	221-3	2003
6. John McArdle	215-10	1979
7. Rich Perkins	213-11	1976
8. Colin Veldman	210-8	2006
9. Paul Etter	206-8	2005
10. Elden Pfeiffer	209-3	1987

Javelin (new implement)

1. John Stiegeler	252-10	2001
2. Art Skipper	251-8	1992
3. Adam Jenkins	227-4	2004
4. Nick Bakke	227-3	2002
5. Jack Byrne	225-	

2006 Men's Track & Field Recap

NCAA Indoor Champs: 6th (23 points)

2005 Men's Track & Field Recap

NCAA Outdoor Champs: 9th-tie (23 points)

NCAA Indoor Champs: 6th (29 points)

West Regional: 2nd (87 1/2 points)

Pac-10 Champs: 1st (152 points)

Dual Record: 3-0

Returning NCAA Outdoor Participants

200	Jordan Kent, R.Jr.	20th-p, 21.50	2003
400	Matt Scherer, Sr.	9th-semi, 45.70	2005
		18th-p, 46.47	2003
10,000	Galen Rupp, So.	2nd, 28:23.75*	2005
110H	Eric Mitchum, Sr.	4th, 13.53*	2005
		2nd, 13.38*	2004
		12th-semi, 13.89	2003
	A.K. Ikwuakor, Sr.	FS-semi, 14.02-p	2005
		23rd-p, 14.09	2004
4x100	Del Rincon, Scherer, (Inico-grad.), Kent	6th, 39.20*	2005
4x400	Kent, (Inico-grad.), Ikwuakor, Scherer	3rd, 3:00.81*	2005
PV	Tommy Skipper, Jr.	1st, 18-8.25*	2004
	Jon Derby, RSr.	14th-p, 16-4.75	2005
Dec.	Andy Young, RSr.	11th, 7.049	2005
		13th, 7.302	2004

*Indicates NCAA All-America Honors

Returning NCAA Indoor Participants

400	Matt Scherer, Sr.	9th, 47.15*	2005
		12th-p, 46.77	2004
Mile	Michael McGrath, RSo.	16th-p, 4:06.47	2006
3,000	Galen Rupp, Fr.	6th, 8:07.85*	2006
5,000		5th, 13:56.41*	2006
60H	Eric Mitchum, Sr.	3rd, 7.68*	2006
		4th, 7.73*	2005
		6th-7.74*	2004
4x400	Anderson, (Inico-grad.), Ikwuakor, Scherer	5th, 3:05.26	2005
PV	Tommy Skipper, Jr.	1st, 18-6.5*	2006
		1st, 18-4.5*	2005
		2nd, 18-4.5*	2004
	Jon Derby, RSr.	No Height	2005

2006 Women's Track & Field Recap

NCAA Indoor Champs: 22nd-tie (10 points)

2005 Women's Track & Field Recap

NCAA Outdoor Champs: 32nd-tie (8 points)

NCAA Indoor Champs: DNS

West Regional: 8th (36 points)

Pac-10 Championships: 7th (68 points)

Dual Record: 2-1

Returning NCAA Indoor Participants

800	Rebekah Noble, Fr.	2nd, 2:05.72*	2006
Mile	Amber McGown, RSr.	10th, 4:48.30	2006
DMR -	Buchanan, Searcy, SchAAF, McGown, 7th, 11:18.89*, '06		
PV	Hannah Moore, RSr.	13th, 12-11.5-i	2004

Returning NCAA Outdoor Participants

PV	Emily Enders, Jr.	15th-t, 12-9.5	2004
JT	Roslyn Lundeen, RSr.	9th, 152-8	2005
		8th, 159-0*	2003
		7th, 165-4*	2002
	Elisa Crumley, RSr.	13th, 153-5*	2003
		12th, 157-4*	2002
HT	Brit. Hinchcliffe, RSr.	12th, 189-11	2005
	Britney Henry, R.Jr.	No Mark	2004
Hep.	Lauryn Jordan, Sr.	14th, 5.367	2005

*Indicates All-Americans

Returning Regional Finalists

200	Jordan Kent, R.Jr.	1st, 20.99	2003
400	Matt Scherer, Sr.	4th, 46.52	2005
		4th, 45.95	2004
		4th, 46.59	2003
	Travis Anderson, Sr.	10th-p, 46.90	2004
5,000	Galen Rupp, So.	5th, 13:59.11	2005
110H	Eric Mitchum, Sr.	1st, 13.65	2005
		1st, 13.72	2004
		3rd, 13.95	2003
	A.K. Ikwuakor, Sr.	3rd, 14.16	2005
		5th, 14.13	2004
400H	A.K. Ikwuakor, Sr.	5th, 51.92	2005
4x100	Del Rincon, Scherer, (Inico-grad.), Kent	4th, 39.80	2005
4x400	Anderson, (Inico-grad.), Ikwuakor, Scherer	2nd, 3:07.69	2005
HJ	Jeff Lindsey, Sr.	NH-injured	2005
		3rd, 7-1	2004
		9th-t, 6-8	2003
PV	Tommy Skipper, Jr.	NH	2005
	Jon Derby, RSr.	1st, 18-10.25	2004
		3rd, 16-7.25	2005
		NH	2004
		18th-t, 16-1.25	2003
	David Moore, R.Jr.	NH	2004
JT	Matt Adams, Sr.	15th, 193-9	2005

Returning Pac-10 Finalists

100	Richard Del Rincon, Sr.	4th, 10.54	2005
	Jordan Kent, R.Jr.	5th, 10.55	2005
		6th, 10.57	2003
200	Richard Del Rincon, Sr.	5th, 21.27	2005
	Jordan Kent, R.Jr.	5th-p, 20.82	2005
		4th, 21.47	2003
	Travis Anderson, Sr.	11th-p, 21.59	2004
400	Matt Scherer, Sr.	4th, 46.11	2005
		5th, 45.95	2004
		6th, 46.87	2003
800	Michael McGrath, RSo.	10th-p, 1:50.69	2004
1,500	Andy Young, RSr.	18th-p, 4:13.83	2003
5,000	Galen Rupp, So.	4th, 13:57.43	2005
10,000	Galen Rupp, So.	2nd, 29:28.09	2005
110H	Eric Mitchum, Sr.	1st, 13.59	2005
		1st, 13.62	2004
		2nd, 13.73	2003
	A.K. Ikwuakor, Sr.	3rd, 13.96	2005
		3rd, 14.26	2004
400H	A.K. Ikwuakor, Sr.	5th, 50.61	2005
		8th, 54.46	2004
	Eric Mitchum, Sr.	6th, 51.47	2005
		5th, 51.27	2004
		9th-p, 52.60	2003

Returning Pac-10 Participants

400	Irie Seacy, RSo.	13th-p, 57.77	2005
800	Sara SchAAF, RSr.	5th, 2:06.91	2005
		5th, 2:09.40	2004
400H	Kasey Harwood, So.	12th-p, 62.69	2005
	Amanda Santana, RSo.	12th-p, 62.46	2004
4x100	DQ		2005
4x400	(Donovan-grad.), Harwood, SchAAF, (Abildtrup-grad)	5th, 3:42.09	2005
HJ	Lauryn Jordan, Sr.	2nd, 5-10	2005
LJ		8th, 19-9	2005
TJ		5th, 40-9.5	2005
PV	Emily Enders, Jr.	7th, 12-11.5	2005
		5th, 13-2.25	2004
	Hannah Moore, RSr.	NH	2005
JT	Roslyn Lundeen, RSr.	3rd, 162-8	2005
		2nd, 159-8	2003
		4th, 163-11	2002
	Elisa Crumley, RSr.	9th, 144-3	2005
		6th, 154-7	2003
		5th, 160-6	2002
HT	Brit. Hinchcliffe, RSr.	5th, 189-5	2005
Hep.	Lauryn Jordan, Sr.	4th, 5.299	2005
	Roslyn Lundeen, RSr.	8th, 4.935	2005

Returning West Regional Participants

800	Sara SchAAF, RSr.	9th-p, 2:08.61	2005
		8th, 2:10.46	2004
PV	Emily Enders, Jr.	15th, 12-6	2005
		5th-t, 13-1.75	2004
	Hannah Moore, RSr.	20th, 12-0	2005
		16th-t, 12-6.25	2003
TJ	Lauryn Jordan, Sr.	11th, 19-2	2005
HT	Brit. Hinchcliffe, RSr.	6th, 196-0	2005
JT	Roslyn Lundeen, RSr.	6th, 155-9	2005
		4th, 157-3	2003
	Elisa Crumley, RSr.	11th, 146-10	2005
		3rd, 157-11	2003

4x100	Del Rincon, Scherer, (Inico-grad.), Kent	2nd, 39.29	2005
4x400	Anderson, (Inico-grad.), Ikwuakor, Scherer	2nd, 3:03.27	2005
HJ	Jeff Lindsey, Sr.	6th, 6-10.75-inj.	2005
		4th, 6-11.75	2004
	Tommy Skipper, Jr.	NH	2004
	Cody Fleming, Sr.	NH	2005
PV	Tommy Skipper, Jr.	NH	2005
		1st, 18-3.25	2004
	Jon Derby, RSr.	6th-t, 16-6.75	2005
	Andy Young, RSr.	8th-t, 16-0.75	2005
		12th, 16-5.5	2004
		NH	2003
	David Moore, R.Jr.	8th-t, 16-0.75	2005
LJ	Jordan Kent, R.Jr.	5th, 24-3.75	2005
JT	Tommy Skipper, Jr.	7th, 207-3	2005
		5th, 215-2	2004
	Matt Adams, Sr.	15th, 184-10	2005
	Cody Fleming, Sr.	16th, 184-6	2005
Dec.	Tommy Skipper, Jr.	1st, 7.589	2004
	Andy Young, RSr.	2nd, 7.165	2005
		3rd, 7.372	2004
		5th, 7.017	2003
	Cody Fleming, Sr.	4th, 6.980	2005

Top Newcomers (Pre-2006 Bests)

Michael McGrath, RSo. - 800 1:47.62, 1500 3:42.44
Andrew Perri, Fr. - 800 1:52.72, 1500 3:58
Chris Winter, RFr. - Steeple 8:54.94
Jared Huske, Fr. - 110H 13.33w / 13.71 (#2 US '05), 300H 36.93 (#10 US '05), 400H 52.49 (#10 US '05)
Walter Thurmond III, Fr. - 110H 14.16; PV 15-7
Colin Veldman, R.Jr.-TR - SP 58-10, DT 184-6, HT 211-0;
Mark Lewis, RFr. - SP (63-5 1/2 -HS, #10 US '04)
Matt Maloney, Fr. - JT 231-5 (#1 HS '05), HT (12 lb.) - 213-6
Alex Wolff, Fr. - JT 213-5 (#4 HS '05)
Ryan Brandel, Jr.-TR - JT 212-0
Michael Hill, R.Jr. - HT 169-1
Brian Bartow, R.Jr. - Dec. 6,772, JT 209-0;
Alexey Shkuratov, RFr. - Dec. 6,708; 110H 14.53

Top Newcomers (Pre-2006 Bests)

Leah Worthen, Fr. - 100 12.2, 200 24.8, 400 55.9
Rebekah Noble, Fr. - 400 53.3, 800 2:03.73 (#1 HS '05)
Dana Buchanan, Jr.-TR - 800 2:09.85, 1500 4:26.10
Amber McGown, RSr.-TR - 800 2:14, 1500 4:23.81
Katie Leary, RFr. - 1500 4:36.76, 3000 10:00.38
Zoe Nelson, Fr. - 1600 4:54.8, 3000 9:43.4, 2-Mile 10:23.7 (#3 HS '04), 5000 17:31.84
Tara Rhein, Fr. - PV 11-2
Britney Henry, R.Jr.-TR - HT 223-8, JT 119-0
Megan Maloney, Fr. - HT 169-10 (#3 HS '05)
Ashley McCrea, Fr. - JT 158-6 (#2 HS '05)
Rachel Yurkovich, Fr. - JT 176-5 (#1 HS '05)
Kalindra McFadden, RFr. - 100H 14.64, 200 25.00

2006 Oregon Indoor Men's Track and Field Bests

updated 3-13-06

Indoor Career Best (Listed) if Superior to Season Best

***AUTO NCAA QUALIFIERS IN CAPS, **Provisional NCAA Qualifiers in italics, * Mtn Pacific Champs Qualifiers, Indoor UO Records Underlined

Note: Qualifying standards (in parenthesis) besides event heading are for banked 200-meter tracks or flat tracks larger than 200m.

Running Events (NCAA Auto. /Prov. Qual. Stand.) UO Record

60 meters (6.62 / 6.72)		6.62
Richard Del Rincon, Sr. (6.73)	6.77-p	2/3
Eric Mitchum, Sr.	7.03-p	1/28
Jared Huske, Fr.	7.14-p	2/3

200 meters (20.83 / 21.23)		21.10
Richard Del Rincon, Sr.	21.40-p	2/3
Eric Mitchum, Sr.	21.85	2/4
Akobundu (AK) Ikwuakor, Sr.	22.15	1/28

400 meters (46.05 / 47.25)		45.95
* <i>Matt Scherer, Sr. (45.95)</i>	46.82	3/5b
Akobundu (AK) Ikwuakor, Sr.	47.92	2/4
Travis Anderson, Sr. (47.50)	49.18	2/11

800 meters (1:47.80 / 1:49.50)		1:48.07
Michael McGrath, RSo.	1:50.57-p	2/24
Andrew Perri, Fr.	1:54.04-p	2/24
Travis Anderson, Sr.	1:54.65	2/4

Mile (3:59.00 / 4:04.90)		3:59.25
** MICHAEL McGRATH, RSo.	3:59.25	3/4a
Donald (Duke) Wastenev, Fr.	4:09.38	2/11
James Withers, RFr.	4:10.06	2/25
Galen Rupp, Fr.	4:11.22	2/11
Blake Flanders, Sr.	4:11.51	2/11
Christopher Winter, RFr.	4:11.51	2/11

3,000 meters (7:55.00 / 8:05.00)		7:54.26
** GALEN RUPP, FR.	7:54.90	3/4a
Christopher Winter, RFr.	8:15.50	1/28
Jonathan Thomas, Fr.	8:17.09	2/11
Carlos Trujillo, RSo.	8:17.29	2/11

5,000 meters (13:51.90 / 14:11.90)		13:48.51
** GALEN RUPP, FR.	13:48.51	2/24
Jonathan Thomas, Fr.	14:44.89	1/28
Carlos Trujillo, RSo.	14:54.55	1/28

60 meter Hurdles (7.70 / 7.91)		7.67
** ERIC MITCHUM, SR.	7.67	3/4b
Akobundu (AK) Ikwuakor, Sr. (8.03)	8.04	1/28, 2/3-4
Walter Thurmond III, Fr.	8.15	2/25
Jared Huske, Fr.	8.24-p	2/3, 2/10

1,600 meter Relay (3:05.00 / 3:10.40)		3:04.17
Anderson, Del Rincon, Mitchum, Scherer	3:11.38	2/25

Distance Medley Relay (9:33.00 / 9:43.70)		9:39.75
McGrath, Anderson, Scherer, Rupp	9:49.38	2/11

Field Events (NCAA Auto. /Prov. Qual. Stand.) UO Record

High Jump (7-3.75 / 7-1.5)		7-4.5
Jeff Lindsey, Sr. (7-1.5)	1.97m	6-5.5
Andrew Young, RSr.	1.95m	6-4.75

Pole Vault (18-0.5 / 17-0.75)		18-8.75
** TOMMY SKIPPER, Jr.	5.71m	18-8.75
* <i>Jonathan Derby, RSr. (17-6.5)</i>	5.20m	17-0.75
	5.11m	16-9.25
	5.01m	16-5.25
David Moore, RJr. (16-6)	4.91m	16-1.25
Andrew Young, RSr. (16-6.75)	4.76m	15-7.25
Keegan Burnett, Jr.		2/25

Long Jump (25-9.25 / 24-5.5)		25-11
Alexey Shkuratov, Fr.	7.10m	23-3.5
Cody Fleming, Sr.	hep.-6.69m	21-11.5
Andrew Young, RSr. (22-5)	6.56m	21-6.25
Jacob Tolbert, RSo. (22-3.75)	6.52m	21-4.75

Shot Put (63-4 / 58-3)		58-8.75
* <i>Colin Veldman, RJr.</i>	17.90m	58-8.75
Mark Lewis, RFr.	16.51m	54-2

Weight Throw (69-6.75 / 62-4)		67-7
Colin Veldman, RJr.	18.38m	60-3.75
Matthew Maloney, Fr.	16.79m	55-1
Michael Hill, RJr.	15.93m	52-3.25

Heptathlon (5,650 / 5,200 (60-LJ-SP-HJ / 60H - PV-1K))		5,608
* <i>Andy Young, RJr (5,385)</i>	5,298	2/24-25
Brian Bartow, RJr.	4,831	1/27-28

Heptathlon Event Season Bests

* <i>Andy Young, RSr.</i>		5,298	2/24-25
60 meters (7.33)		7.52	2/24
Long Jump (22-5)	6.46m	21-2.5	2/24
Shot Put (37-6.75)	11.19m	36-8.5	2/24
High Jump (6-1.5)	1.94m	6-4.25	2/24
1st Day (2,810)		2,700	2/24
60 meter Hurdles		8.72	2/25
Pole Vault	4.86m	15-11.25	2/25
1,000 meters (2:35.53)		2:35.74	2/25
2nd Day		2,598	2/25
Brian Bartow, RJr.		4,831	1/27-28
60 meters		7.49	1/27
Long Jump	6.20m	20-4.25	1/27
Shot Put	12.61m	41-4.5	1/27
High Jump	1.85m	6-0.75	1/27
1st Day		2,661	1/27
60 meter Hurdles		9.04	1/28
Pole Vault	3.85m	12-7.5	1/28
1,000 meters		2:41.44	1/28
2nd Day		2,170	1/28
Cody Fleming, Sr.			
60 meters (7.36)		7.42	1/27
Long Jump	6.69m	21-11.5	1/27
Shot Put	13.78m	45-2.5	1/27
High Jump (6-5)	1.79m	5-10.5	1/27
1st Day (2,869)		2,814	1/27
60 meter Hurdles (9.63)			
Pole Vault (14-3.25)			
1,000 meters (2:54.99)			
2nd Day (1,946)			

2006 Indoor Schedule

Meet - Location, Track (Dimensions (Flat/Banked))	Date
@UW Indoor Preview - Seattle, Dempsey Indoor Complex (307m F)	1/14
@Pole Vault Summit - Reno, Nevada	1/27-28
@UW Invitational - Seattle, Dempsey Indoor Complex (307m F)	1/27-28
@United Heritage Invitational - Boise, Idaho	2/3-4
@Tyson Invitational - Fayetteville, Ark.	2/10-11
@Husky Classic - Seattle, Dempsey Indoor Complex (307m F)	2/11
@Mtn. Pacific Champs (5th, 76) - Seattle, Dempsey Ind. Comp. (307m F)	2/24-25
@NCAA Last Chance Qualifier - Seattle, Dempsey Ind. Complex (307m F)	3/4a
@NCAA T&F L.C. Qualifier - Ames, Lied Recreation Center (300m F)	3/4b
@NCAA Champs (6th, 23) - Fayetteville, Ark., Tyson Track Ctr. (200m B)	3/10-11

Key

f=final h=heat aa=altitude-adjusted
 Unat.=Unattached athlete redshirting F=Flat B=Banked
 All running marks attained in event finals, unless noted otherwise (p=prelim)

2006 Oregon Indoor Women's Track and Field Bests

updated 3-13-06

Indoor Career Best (Listed) if Superior to Season Best

**AUTO NCAA QUALIFIERS IN CAPS, *Provisional NCAA Qualifiers in italics, Indoor UO Records Underlined.

Note: Qualifying standards (in parenthesis) besides event heading are for banked 200-meter tracks or flat tracks larger than 200m.

Running Events (NCAA Auto. /Prov. Qual. Stand.) UO Record

60 meters (7.30 7.44)		7.82
Irie Searcy, RSo.	8.03-p	2/3
Leah Worthen, Fr.	8.19-p	2/3
Elisa Crumley, RSr. (8.14)	8.28-p	2/11

200 meters (23.30 23.90)		24.39
Irie Searcy, RSo.	25.27	2/4
Kalindra McFadden, RFr.	25.43	2/11
Leah Worthen, Fr.	25.59-p	2/3

400 meters (52.40 54.40)		54.76
Irie Searcy, RSo.	56.91-p	2/24
Leah Worthen, Fr.	57.31-p	2/24
Kasey Harwood, So.	58.66	2/11

800 meters (2:05.65 2:09.00)		2:04.72
** <u>REBEKAH NOBLE, FR.</u>	<u>2:04.72</u>	<u>1/28</u>
* <i>Sara Schaaf, RSr.</i>	<i>2:08.30-p</i>	<i>2/24</i>
Kasey Harwood, So. (2:12.01)	2:13.96-p	2/24
Kalindra McFadden, RFr.	pent-2:15.37	2/24

Mile (4:38.50 4:47.00)		4:40.6
* <i>Amber McGown, RSr.</i>	4:41.48	3/11
* <i>Dana Buchanan, Jr.</i>	4:44.58	3/4

3,000 meters (9:16.00 9:35.00)		9:07.25
* <i>Amber McGown, RSr.</i>	9:32.57	2/11
Zoe Nelson, Fr.	9:49.74	2/11
Sarah Pearson, RFr.	9:53.36	2/25
Amanda Fitz-Gustafson, RSr.	10:01.70	2/25

5,000 meters (16:10.00 16:45.00)		16:04.40
Zoe Nelson, Fr.	17:02.49	2/24
Sarah Pearson, RFr.	17:08.35	2/24

60 meter Hurdles (8.15 8.43)		8.73
<u>Lauryn Jordan, Sr.</u>	<u>pent-8.73</u>	<u>2/24</u>
Kalindra McFadden, RFr.	pent-8.88	2/24

4x400 meter Relay (3:33.50 3:40.00)		3:44.74
Searcy, Worthen, Harwood, Schaaf	3:46.69	2/25

Distance Medley (11:19.00 11:28.00 (1,200-400-800-1,600))		11:16.05
* <u>Buchanan, Searcy, Noble, McGown</u>	<u>11:16.05</u>	<u>2/24</u>

Key

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 Unat.=Unattached athlete redshirting F=Flat B=Banked
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2006 Indoor Schedule

Meet - Location, Track (Dimensions (Flat/Banked))	Date
@Dempsey Preview - Seattle, Dempsey Indoor Complex (307m F)	1/14
@Pole Vault Summit - Reno, Hilton	1/27-28
@UW Invitational - Seattle, Dempsey Indoor Complex (307m F)	1/27-28
@United Heritage Invitational - Nampa, Idaho (200m B, 2,710' elev.)	2/3-4
@Tyson Invitational - Fayetteville, Ark., Randal Tyson Track Ctr. (200m B)	2/10-11
@Husky Classic - Seattle, Dempsey Indoor Complex (307m F)	2/11b
@Mtn. Pacific Champs (6th, 53) - Seattle, Dempsey Ind. Comp. (307m F)	2/24-25
@NCAA Last Chance Qual. - Seattle, Dempsey Indoor Complex (307m F)	3/4
@NCAA Champs (23rd, 10) - Fayetteville, Ark., Tyson Track Ctr. (200m B)	3/10-11

Field Events (NCAA Auto. /Prov. Qual. Stand.) UO Record

High Jump (6-0.5 5-10)		5-11.5
Kalindra McFadden, RFr.	pent-1.72m	5-7.75 2/24
Lauryn Jordan, Sr. (5-8)	1.66m	5-5.25 2/25
Roslyn Lundeen, RSr.	1.55m	5-1 1/27,2/11

Pole Vault (13-9.25 12-11.5)		14-3.25
* <i>Emily Enders, Jr.</i>	3.95m	12-11.5 2/3
Hannah Moore, RSr. (13-5)	3.54m	11-7.25 2/24
Tara Rhein, Fr.	3.21m	10-6.25 2/11

Long Jump (21-0 20-0.25)		19-11.5
Lauryn Jordan, Sr. (19-11.5)	5.92m	19-5.25 2/3
Kalindra McFadden, RFr.	5.42m	17-9.5 2/3

Triple Jump (43-7.75 41-6)		41-5.75
Lauryn Jordan, Sr.	12.15m	39-10.5 2/25

Shot Put (55-5.5 50-6.25)		51-3.5
Lauryn Jordan, RSr. (42-4)	pent-12.79m	41-11.5 2/24
R. Lundeen, Sr. (40-11.5)	pent-12.07m	39-7.25 1/27

Weight Throw (68-10.75 62-4)		61-1.25
<u>Brittany Hinchcliffe, RSr.</u>	<u>18.62m</u>	<u>61-1.25</u> <u>2/24</u>
<u>Britney Henry, RJr.</u>	<u>18.62m</u>	<u>61-1.25</u> <u>2/24</u>
Megan Maloney, Fr.	16.98m	55-8.5 2/11

Pentathlon (4,050 3,700)		3,929
* <u>Kalindra McFadden, RFr.</u>	<u>3,929</u>	<u>2/24</u>
* <i>Lauryn Jordan, Sr. (3,894)</i>	<i>3,834</i>	<i>2/24</i>
Roslyn Lundeen, RSr. (3,522)	3,412	1/27

Pentathlon Season Bests

* <i>Kalindra McFadden, Fr.</i>		3,929	2/24
60 meter Hurdles		8.88	2/24
High Jump	1.72m	5-7.75	2/24
Shot Put	11.59m	38-0.25	1/27
Long Jump	5.40m	17-8.75	1/27
800 meters		2:15.37	2/24
* <i>Lauryn Jordan, Sr. (3,894)</i>		3,834	2/24
60 meter Hurdles		8.73	2/24
High Jump	1.60m	5-3	2/24
Shot Put	12.79m	41-11.5	2/24
Long Jump	5.89m	19-4	2/24
800		2:37.48	2/24
Roslyn Lundeen, RSr. (3,522)		3,412	1/27
60 meter Hurdles (9.83)		10.07	2/24
High Jump (5-1.25)	1.57m	5-1.75	2/24
Shot Put (40-11.5)	12.07m	39-7.25	1/27
Long Jump (17-0.75)	5.06m	16-7.25	1/27
800 meters		2:21.31	1/27

Oregon Men's Indoor All-Time List

55 Meters			
1. Devon Hosey	6.2	1992	
2. LaMont Woods	6.25*	1996	
Pat Johnson	6.25*	1996	

60 Meters			
1. Samie Parker	6.62	2003	
2. R. Del Rincon	6.73	2006	
3. Allan Amundson	6.89	2002	
4. Cory Gray	6.90#	2002	
5. Leonidas Watson	6.94	2005	
> Eric Mitchum	7.03	2006	
Jared Huske	7.19	2006	

200 Meters			
1. Kedar Inico	21.10	2005	
2. Pat Johnson	21.26*	1996	
3. R. Del Rincon	21.40	2006	
4. Matt Scherer	21.41	2004	
5. Ronnie Harris	21.66*	1992	
> Eric Mitchum	21.85	2006	
Travis Anderson	21.88	2004	
AK Ikwuakor	22.15	2006	

400 Meters			
1. Matt Scherer	45.95	2005	
2. Kedar Inico	46.41	2005	
3. Simon Kimata	47.39#	2002	
4. Travis Anderson	47.50	2004	
5. Howard Moore	47.83	2000	
> AK Ikwuakor	47.92	2006	

800 Meters			
1. Simon Kimata	1:48.07	2002	
2. Ryan Flaherty	1:50.14	2004	
3. Jan Olszowy	1:50.40	2003	
4. Michael McGrath	1:50.57	2006	
5. Shannon Lemora	1:51.3	1992	
> Jeff DeWolf	1:51.40-u	2004	

Mile			
1. Steve Prefontaine	3:59.2	1973	
2. Michael McGrath	3:59.25	2006	
3. Eric Logsdon	4:01.86	2005	
4. Noel Paulson	4:04.31	2002	
5. Steve Bence	4:04.4	1974	
> Donald Wastenev	4:09.38	2006	

3,000 Meters			
1. Steve Fein	7:54.26	1999	
2. Eric Logsdon	7:54.29	2005	
3. Galen Rupp	7:54.90	2006	
4. Ryan Andrus	8:01.22	2003	
5. Micah Davis	8:02.06	1999	
> Chris Winter	8:15.50	2006	
Jonathan Thomas	8:17.09	2006	
Carlos Trujillo	8:17.29	2006	

5,000 Meters			
1. Galen Rupp	13:48.51	2006	
2. Eric Logsdon	13:49.99	2005	
3. Ryan Andrus	13:51.00	2004	
4. Jason Hartmann	13:53.53-u	2003	
5. John Lucas	14:16.40	2002	

55 Meter Hurdles			
1. Eric Mitchum	7.26	2004	
2. J.J. Birden	7.44	1988	
3. Ray Livingston	7.49	1996	

60 Meter Hurdles			
1. Eric Mitchum	7.67	2006	
2. Micah Harris	7.85#	2002	
3. Terry Ellis	7.96#	2002	
4. AK Ikwuakor	8.03	2005	
5. Walter Thurmond	8.15	2006	
> Jared Huske	8.29	2006	

High Jump			
1. Chris Nelson	7-4.5*	1996	
2. Andy Young	7-2.25	1989	
3. Jason Boness	7-2.25#	2001	
4. Jeff Lindsey	7-1.5	2004	
5. Damian Olson	7-1*	1998	

Pole Vault			
1. Tommy Skipper	18-8.75	2004,'06	
2. Piotr Buciariski	18-2.5	1998	
3. Trevor Woods	17-11.75	2002	
4. Kory Tarpenning	17-9.25	1984	
5. Jonathan Derby	17-6.5	2005	

Long Jump			
1. Leonidas Watson	25-11	2005	
2. Ray Livingston	25-5.5*	1996	
3. Joey Mortimore	25-0.25*	1998	
4. Latin Berry	24-8.5	1989	
5. J.J. Birden	24-0.5	1984	
> A. Shurkatov	23-3.5	2006	

Triple Jump			
1. Leonidas Watson	52-10.25	2004	
2. Spencer Williams	51-0.5	1990	
3. Fol. Akinradewo	51-0.25	2003	
4. Gregg Bleakney	50-4.5	1996	
5. Derek Strubel	50-4	2004	

Shot Put			
1. Colin Veldman	58-8.75	2006	
2. John Bello	57-7.5	2000	
3. Rian Ingram	57-5	2001	
4. Jeff Hultberg	56-8.5	1985	
5. Dusty Carlson	55-11.75	1995	
> Mark Lewis	54-2	2006	

35 Pound Weight Throw			
1. Adam Kriz	67-7	2003	
2. Ken Flax	64-0.5	1985	
3. Ryan Cole	61-4	1998	
4. Colin Veldman	60-3.75	2006	
5. Scott McGee	59-8.5	1990	
> Matthew Maloney	55-1	2006	

Heptathlon			
1. Santiago Lorenzo	5,608	2002	
2. Billy Pappas	5,446	2002	
3. Ryan Voge	5,385	2005	
4. Gabriel LeMay	5,443	2004	
5. Andy Young	5,385	2004	
> Cody Fleming	4,865	2005	
Brian Bartow	4,831	2006	

Distance Medley Relay			
1. 9:39.75, James, N.Johnson, Girvan, Fein, 1999			
2. 9:44.06, James, N.Johnson, Girvan, Humcke, 1999			
3. 9:49.38, McGrath, Anderson, Scherer, Rupp, 2006			
4. 9:49.77, McGrath, Ikwuakor, DeWolf, Paulson, 2004			
5. 9:50.31, Prosser, N.Johnson, Girvan, James, 1999			

4x400 Meter Relay			
1. Anderson, Inico, Ikwuakor, Scherer, 3:04.17, 2005			
2. Anderson, Inico, Ikwuakor, Scherer, 3:05.26, 2005			
3. Anderson, Holliday, Dotts, Scherer, 3:06.54, 2004			
4. Anderson, Inico, Ikwuakor, Scherer, 3:06.98, 2005			
5. Anderson, Inico, Dotts, Scherer, 3:07.55, 2005			

Legend
 ^ at Reno (4620) # at Flagstaff (6877)
 u=Unattached h=Hand-timed

Oregon Women's Indoor All-Time List

55 Meters			
1. LaReina Woods	6.92*	1993	
2. Jamila Godfrey	7.14	1994	
3. Alexis Yeater	7.18*	1999	

60 Meters			
1. Heather Murtaugh	7.82	2003	
2. Torkwase Fraser	7.87	2003	
3. Janette Davis	7.92	2002	
4. Nikki Ferguson	8.01	2002	
5. Irie Searcy	8.03	2006	
> Ash. Bridenbeck	8.09	2005	
Leah Worthen	8.19	2006	

200 Meters			
1. Sofie Abildtrup	24.39	2004	
2. LaReina Woods	24.41*	1996	
3. Heather Murtaugh	24.89	2003	
4. Tish Henes	24.96*	1998	
5. Janette Davis	25.02	2002	
> Irie Searcy	25.27	2006	
Kalindra McFadden	25.43	2006	
Leah Worthen	25.59	2006	
Ash. Bridenbeck	25.83	2005	

400 Meters			
1. Sofie Abildtrup	54.76	2004	
2. Tish Henes	55.15*	1999	
3. Nic. Commissiong	55.39*	1996	
4. Janette Davis	55.54	2003	
5. Sue Morris	56.19*	1997	
> Irie Searcy	56.91	2006	
Leah Worthen	57.31	2006	
Kasey Harwood	58.66	2006	

800 Meters			
1. Leann Warren	2:03.9c	1982	
2. Rebekah Noble	2:04.72	2006	
3. Eri Macdonald	2:06.75	2004	
4. Sara Schaaf	2:08.30	2006	
5. Erika Klein	2:12.0	1993	

Mile			
1. Leann Warren	4:40.6	1985	
2. Amber McGown	4:41.48	2006	
3. Katie Crabb	4:42.19	2001	
4. Dana Buchanan	4:44.58	2006	
5. Kaarin Knudson	4:45.03	1999	

3,000 Meters			
1. Melody Fairchild	9:07.25	1996	
2. Milena Glusac	9:13.31	1996	
3. Annette Hand	9:13.70	1988	
4. Kim Roth	9:21.6	1983	
5. Lisa Martin	9:22.3	1983	
> Amber McGown	9:32.57	2006	
Zoe Nelson	9:49.74	2006	

5,000 Meters			
1. M. Sandoval	16:04.40	2004	
2. Laura Harmon	16:18.56	2005	
3. Melody Fairchild	16:27.82*	1996	
4. Zoe Nelson	17:02.49	2006	
5. Sarah Pearson	17:08.35	2006	

55 Meter Hurdles			
1. Kelly Blair	8.06*	1993	
2. Katie O'Brien	8.2	1988	
3. Kamala Kohlmeier	8.2	1988	

60 Meter Hurdles			
1. Lauryn Jordan	8.73	2006	
2. Kalindra McFadden	8.88	2006	
3. Abby Andrus	8.96	2004	
4. Cameo Davis	8.97*	2001	
5. Jenny Kenyon	9.00#	2000	

High Jump			
1. Camille Jampolsky	5-11.5	1988	
2. Laurel Roberts	5-11	1991	
3. Kelly Blair	5-10	1994	
4. Lauryn Jordan	5-8	2005	
Amo Olson	5-8	1993	
> Kalindra McFadden	5-7.75	2006	

Pole Vault			
1. Becky Holliday	14-3.25	2003	
2. Niki McEwen	14-1.25	2003	
3. Hannah Moore	13-5	2004	
4. K. Riley (Larwin)	13-3.5	2003	
5. Emily Enders	12-11.5	2006	

Long Jump			
1. Lauryn Jordan	19-11.5	2005	
2. Amanda Brown	19-10.25	2004	
3. Camille Jampolsky	19-6.5	1988	
4. Jennifer Thomas	19-2	1996	
5. Kelly Blair	19-1.5	1993	

Triple Jump			
1. Amanda Brown	41-5.75	2004	
2. Cl. Hayward-Lee	40-1.25	2004	
3. Lauryn Jordan	39-10.5	2006	
4. Sara Howell	38-4.5	1993	
5. Kim Carlisle	38-4	1992	

Shot Put			
1. Bree Fuqua	51-3.5	2004	
2. Mary Etter	49-6.25	2004	
3. Quenna Beasley	49-1.5	1985	
4. Chris Cvitanich	48-2.75	1998	
5. Julie Beck	48-0.25	1993	

Weight Throw			
1. Brittany Hinchliffe	61-1.25	2006	
Britney Henry	61-1.25	2006	
3. Mary Etter	58-9.5	2004	
4. Maureen Morrison	57-3	2001	
5. Jordan Sauvage	55		

QUICK METRIC CONVERSION CHART

01	3/8 inches	238	7-9/32	461	15-1 1/2	607	19-11	1159	39-0 1/4	1920	63-0	4816	158-0
02	3/4	239	7-10 (M-CHJ)	462	15-3/4	608	19-11 1/4	1160	39-0 3/4	1920	63-4	4846	159-0
03	1 1/4	240	7-10 1/2 (M-AHJ)	463	15-2 1/4	609	19-11 3/4	1170	39-4 3/4	1940	63-7 3/4	4876	160-0
04	1 1/2	241	7-10 3/4	464	15-2 3/4			1180	39-8 3/4	1950	63-11 3/4	4908	161-0
05	2	242	7-11 1/4	465	15-2	610	20-0 1/4	1190	39-1 1/4	1960	64-0 1/4	4938	162-0
06	2 1/2	243	7-11 1/2	466	15-3 1/2	611	20-0 1/2	1200	39-1 1/2	1970	64-3 3/4	4968	163-0
07	3 3/4			467	15-3 3/4	612	20-1	1210	39-1 1/2	1980	64-11 1/2	5000	164-0
08	3 3/4	244	8-0	468	15-4 1/4	613	20-1 1/2	1220	39-1 1/2			5030	165-0
09	3 3/4	245	8-0 1/2 (M-WHJ)	469	15-4 1/2	614	20-2 1/2	1230	39-1 1/2			5060	166-0
10	4	246	8-0 3/4	470	15-5	615	20-3 1/4	1240	39-1 1/2			5090	167-0
11	5	247	8-1 1/4	471	15-5 1/2	616	20-4 1/4	1250	39-1 1/2			5120	168-0
12	5 1/2	248	8-1 1/2	472	15-5 3/4	617	20-5	1260	39-1 1/2			5152	169-0
13	6	249	8-2	473	15-6 1/4	618	20-5 1/2	1270	39-1 1/2			5184	170-0
14	6 1/2	250	8-2 1/2	474	15-6 1/2	619	20-6 1/4	1280	39-1 1/2			5216	171-0
15	7	251	8-3 1/4	475	15-7	620	20-7 1/4	1290	39-1 1/2			5248	172-0
16	7 1/2	252	8-4 1/4	476	15-7 1/4	621	20-8 1/4	1300	39-1 1/2			5280	173-0
17	8	253	8-5 1/4	477	15-7 3/4	622	20-9 1/4	1310	39-1 1/2			5312	174-0
18	8 1/2	254	8-6 1/4	478	15-8 1/4	623	20-10 1/4	1320	39-1 1/2			5344	175-0
19	9	255	8-7 1/4	479	15-8 1/2	624	20-11 1/4	1330	39-1 1/2			5376	176-0
20	9 1/2	256	8-8 1/4	480	15-9	625	20-12 1/4	1340	39-1 1/2			5408	177-0
21	10	257	8-9 1/4	481	15-9 1/4	626	20-13 1/4	1350	39-1 1/2			5440	178-0
22	10 1/2	258	8-10 1/4	482	15-10	627	20-14 1/4	1360	39-1 1/2			5472	179-0
23	11	259	8-11 1/4	483	15-10 1/2	628	20-15 1/4	1370	39-1 1/2			5504	180-0
24	11 1/2	260	8-12 1/4	484	15-11 1/2	629	20-16 1/4	1380	39-1 1/2			5536	181-0
25	12	261	8-13 1/4	485	15-11	630	20-17 1/4	1390	39-1 1/2			5568	182-0
26	12 1/2	262	8-14 1/4	486	15-11 1/4	631	20-18 1/4	1400	39-1 1/2			5600	183-0
27	13	263	8-15 1/4	487	15-11 3/4	632	20-19 1/4	1410	39-1 1/2			5632	184-0
28	13 1/2	264	8-16 1/4	488	16-0	633	20-20 1/4	1420	39-1 1/2			5664	185-0
29	14	265	8-17 1/4	489	16-0 1/2	634	20-21 1/4	1430	39-1 1/2			5696	186-0
30	14 1/2	266	8-18 1/4	490	16-0 3/4	635	20-22 1/4	1440	39-1 1/2			5728	187-0
31	1-0 1/4	267	8-19 1/4	491	16-1 1/4	636	20-23 1/4	1450	39-1 1/2			5760	188-0
32	1-1/8	268	8-20 1/4	492	16-1 3/4	637	20-24 1/4	1460	39-1 1/2			5792	189-0
33	1-1/4	269	8-21 1/4	493	16-2 1/4	638	20-25 1/4	1470	39-1 1/2			5824	190-0
34	1-3/4	270	8-22 1/4	494	16-3 1/4	639	20-26 1/4	1480	39-1 1/2			5856	191-0
35	1-5/8	271	8-23 1/4	495	16-4 1/4	640	20-27 1/4	1490	39-1 1/2			5888	192-0
36	1-5/8	272	8-24 1/4	496	16-5 1/4	641	20-28 1/4	1500	39-1 1/2			5920	193-0
37	1-3/4	273	8-25 1/4	497	16-6 1/4	642	20-29 1/4	1510	39-1 1/2			5952	194-0
38	1-5/8	274	8-26 1/4	498	16-7 1/4	643	20-30 1/4	1520	39-1 1/2			5984	195-0
39	1-5/8	275	9-0 1/4	499	16-8 1/4	644	20-31 1/4	1530	39-1 1/2			6016	196-0
40	1-3/4	276	9-0 1/2	500	16-9 1/4	645	20-32 1/4	1540	39-1 1/2			6048	197-0
41	1-5/8	277	9-1 1/4	501	16-10 1/4	646	20-33 1/4	1550	39-1 1/2			6080	198-0
42	1-5/8	278	9-2 1/4	502	16-11 1/4	647	20-34 1/4	1560	39-1 1/2			6112	199-0
43	1-5/8	279	9-3 1/4	503	16-12 1/4	648	20-35 1/4	1570	39-1 1/2			6144	200-0
44	1-5/8	280	9-4 1/4	504	16-13 1/4	649	20-36 1/4	1580	39-1 1/2			6176	201-0
45	1-3/4	281	9-5 1/4	505	16-14 1/4	650	20-37 1/4	1590	39-1 1/2			6208	202-0
46	1-3/4	282	9-6 1/4	506	16-15 1/4	651	20-38 1/4	1600	39-1 1/2			6240	203-0
47	1-3/4	283	9-7 1/4	507	16-16 1/4	652	20-39 1/4	1610	39-1 1/2			6272	204-0
48	1-3/4	284	9-8 1/4	508	16-17 1/4	653	20-40 1/4	1620	39-1 1/2			6304	205-0
49	1-3/4	285	9-9 1/4	509	16-18 1/4	654	20-41 1/4	1630	39-1 1/2			6336	206-0
50	1-3/4	286	9-10 1/4	510	16-19 1/4	655	20-42 1/4	1640	39-1 1/2			6368	207-0
51	1-3/4	287	9-11 1/4	511	16-20 1/4	656	20-43 1/4	1650	39-1 1/2			6400	208-0
52	1-3/4	288	9-12 1/4	512	16-21 1/4	657	20-44 1/4	1660	39-1 1/2			6432	209-0
53	1-3/4	289	9-13 1/4	513	16-22 1/4	658	20-45 1/4	1670	39-1 1/2			6464	210-0
54	1-3/4	290	9-14 1/4	514	16-23 1/4	659	20-46 1/4	1680	39-1 1/2			6496	211-0
55	1-3/4	291	9-15 1/4	515	16-24 1/4	660	20-47 1/4	1690	39-1 1/2			6528	212-0
56	1-3/4	292	9-16 1/4	516	16-25 1/4	661	20-48 1/4	1700	39-1 1/2			6560	213-0
57	1-3/4	293	9-17 1/4	517	16-26 1/4	662	20-49 1/4	1710	39-1 1/2			6592	214-0
58	1-3/4	294	9-18 1/4	518	16-27 1/4	663	20-50 1/4	1720	39-1 1/2			6624	215-0
59	1-3/4	295	9-19 1/4	519	16-28 1/4	664	20-51 1/4	1730	39-1 1/2			6656	216-0
60	1-3/4	296	9-20 1/4	520	16-29 1/4	665	20-52 1/4	1740	39-1 1/2			6688	217-0
61	1-3/4	297	9-21 1/4	521	16-30 1/4	666	20-53 1/4	1750	39-1 1/2			6720	218-0
62	1-3/4	298	9-22 1/4	522	16-31 1/4	667	20-54 1/4	1760	39-1 1/2			6752	219-0
63	1-3/4	299	9-23 1/4	523	16-32 1/4	668	20-55 1/4	1770	39-1 1/2			6784	220-0
64	1-3/4	300	9-24 1/4	524	16-33 1/4	669	20-56 1/4	1780	39-1 1/2			6816	221-0
65	1-3/4	301	9-25 1/4	525	16-34 1/4	670	20-57 1/4	1790	39-1 1/2			6848	222-0
66	1-3/4	302	9-26 1/4	526	16-35 1/4	671	20-58 1/4	1800	39-1 1/2			6880	223-0
67	1-3/4	303	9-27 1/4	527	16-36 1/4	672	20-59 1/4	1810	39-1 1/2			6912	224-0
68	1-3/4	304	9-28 1/4	528	16-37 1/4	673	20-60 1/4	1820	39-1 1/2			6944	225-0
69	1-3/4	305	9-29 1/4	529	16-38 1/4	674	20-61 1/4	1830	39-1 1/2			6976	226-0
70	1-3/4	306	9-30 1/4	530	16-39 1/4	675	20-62 1/4	1840	39-1 1/2			7008	227-0
71	1-3/4	307	9-31 1/4	531	16-40 1/4	676	20-63 1/4	1850	39-1 1/2			7040	228-0
72	1-3/4	308	9-32 1/4	532	16-41 1/4	677	20-64 1/4	1860	39-1 1/2			7072	229-0
73	1-3/4	309	9-33 1/4	533	16-42 1/4	678	20-65 1/4	1870	39-1 1/2			7104	230-0
74	1-3/4	310	9-34 1/4	534	16-43 1/4	679	20-66 1/4	1880	39-1 1/2			7136	231-0
75	1-3/4	311	9-35 1/4	535	16-44 1/4	680	20-67 1/4	1890	39-1 1/2			7168	232-0
76	1-3/4	312	9-36 1/4	536	16-45 1/4	681	20-68 1/4	1900	39-1 1/2			7200	233-0
77	1-3/4	313	9-37 1/4	537	16-46 1/4	682	20-69 1/4	1910	39-1 1/2			7232	234-0
78	1-3/4	314	9-38 1/4	538	16-47 1/4	683	20-70 1/4	1920	39-1 1/2			7264	235-0
79	1-3/4	315	9-39 1/4	539	16-48 1/4	684	20-71 1/4	1930	39-1 1/2			7296	236-0
80	1-3/4	316	9-40 1/4	540	16-49 1/4	685	20-72 1/4	1940	39-1 1/2			7328	237-0
81	1-3/4	317	9-41 1/4	541	16-50 1/4	686	20-73 1/4	1950	39-1 1/2			7360	238-0
82	1-3/4	318	9-42 1/4	542	16-51 1/4	687	20-74 1/4	1960	39-1 1/2			7392	239-0
83	1-3/4	319	9-43 1/4	543	16-52 1/4	688	20-75 1/4	1970	39-1 1/2			7424	240-0
84	1-3/4	320	9-44 1/4	544	16-53 1/4	689	20-76 1/4	1980	39-1 1/2			7456	241-0
85	1-3/4	321	9-45 1/4	545	16-54 1/4	690	20-77 1/4	1990	39-1 1/2			7488	242-0
86	1-3/4	322	9-46 1/4	546	16-55 1/4	691	20-78 1/4	2000	39-1 1/2			7520	243-0
87	1-3/4	323	9-47 1/4	547	16-56 1/4	692	20-79 1/4	2010	39-1 1/2			7552	244-0
88	1-3/4	324	9-48 1/4	548	16-57 1/4	693	20-80 1/4	2020	39-1 1/2			7584	245-0
89	1-3/4	325	9-49 1/4	549	16-58 1/4	694	20-81 1/4	2030	39-1 1/2			7616	246-0
90	1-3/4	326	9-50 1/4	550	16-59 1/4	695	20-82 1/4	2040	39-1 1/2			7648	247-0
91	1-3/4	327	9-51 1/4	551	16-60 1/4	696	20-83 1/4	2050	39-1 1/2			7680	248-0
92													

CONVERSION / PACING CHART

7800	255-11
7804	256-0
7834	257-0 (M-OHT)
7886	258-0
7924	259-0
7956	259-2
7924	260-0
7956	261-0
7986	262-0
8000	262-5
8016	263-0
8046	264-0
8078	265-0
8100	265-9
8108	266-0
8138	267-0
8200	268-0
8256	268-10 (M-CHT)
8200	269-0
8230	270-0
8252	270-9 (M-AHT)
8260	271-0
8290	272-0
8300	272-4
8300	273-4
8352	274-0
8382	275-0
8400	275-7
8412	276-0
8444	277-0
8474	278-0
8500	278-10
8504	279-0
8536	280-0
8564	281-0
8596	282-0
8600	282-9
8626	283-0
8654	284-0
8674	284-7 (M-WHT)
8686	285-0
8700	285-5
8718	286-0
8748	287-0
8788	287-8 (M-AJT)
8798	288-0
8800	288-8
8808	289-0
8840	290-0
8872	291-0
8900	292-0
8910	292-4 (M-CJT)
8930	293-0
8962	294-0
8992	295-0
9000	295-3
9000	296-0
9022	297-0
9052	297-0
9084	298-0
9100	298-7
9114	299-0
9144	300-0
9174	301-0
9200	302-10
9204	302-0
9236	303-0
9266	304-0
9296	305-0
9300	305-1
9328	306-0
9358	307-0
9388	308-0
9400	308-5
9418	309-0
9448	310-0
9480	311-0
9500	311-8
9510	312-0
9540	313-0
9570	314-0
9600	314-11
9602	315-0
9626	316-0
9656	317-0
9692	318-0
9700	318-3
9724	319-0
9754	320-0
9784	321-0
9800	321-6
9816	322-0
9846	323-0
9848	323-1 (M-WJT)
9878	324-0
9900	324-10
9906	325-0
9936	326-0
9968	327-0
9998	328-0
10000	328-1

Record Legend

W=Women
M=Men
W=World
A=U.S.
O=Oregon
C=Collegiate

HJ = High Jump
PV = Pole Vault
LJ = Long Jump
TJ = Triple Jump
SP = Shot Put
DT = Discus Throw
HT = Hammer Throw
JT = Javelin Throw

* Information courtesy of ATFS
(Association of Track & Field
Statisticians).

Conversion Shortcuts

Multiply feet by .3048 =
relative metric equivalent.

Multiply meters by 3.2808399
= relative feet equivalent.

Lap	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90
2	2:02	2:04	2:06	2:08	2:10	2:12	2:14	2:16	2:18	2:20	2:22	2:24	2:26	2:28	2:30	2:32	2:34	2:36	2:38	2:40	2:42	2:44	2:46	2:48	2:50	2:52	2:54	2:56	2:58	3:00
3	3:03	3:06	3:09	3:12	3:15	3:18	3:21	3:24	3:27	3:30	3:33	3:36	3:39	3:42	3:45	3:48	3:51	3:54	3:57	4:00	4:03	4:06	4:09	4:12	4:15	4:18	4:21	4:24	4:27	4:30
4	4:04	4:08	4:12	4:16	4:20	4:24	4:28	4:32	4:36	4:40	4:44	4:48	4:52	4:56	5:00	5:04	5:08	5:12	5:16	5:20	5:24	5:28	5:32	5:36	5:40	5:44	5:48	5:52	5:56	6:00
5	5:05	5:10	5:15	5:20	5:25	5:30	5:35	5:40	5:45	5:50	5:55	6:00	6:05	6:10	6:15	6:20	6:25	6:30	6:35	6:40	6:45	6:50	6:55	7:00	7:05	7:10	7:15	7:20	7:25	7:30
6	6:06	6:12	6:18	6:24	6:30	6:36	6:42	6:48	6:54	7:00	7:06	7:12	7:18	7:24	7:30	7:36	7:42	7:48	7:54	8:00	8:06	8:12	8:18	8:24	8:30	8:36	8:42	8:48	8:54	9:00
7	7:07	7:14	7:21	7:28	7:35	7:42	7:49	7:56	8:03	8:10	8:17	8:24	8:31	8:38	8:45	8:52	8:59	9:06	9:13	9:20	9:27	9:33	9:40	9:47	9:54	10:01	10:08	10:15	10:22	10:29
8	8:08	8:16	8:24	8:32	8:40	8:48	8:56	9:04	9:12	9:20	9:28	9:36	9:44	9:52	10:00	10:08	10:16	10:24	10:32	10:40	10:48	10:56	11:04	11:12	11:20	11:28	11:36	11:44	11:52	12:00
9	9:09	9:18	9:27	9:36	9:45	9:54	10:03	10:12	10:21	10:30	10:39	10:48	10:57	11:06	11:15	11:24	11:33	11:42	11:51	12:00	12:09	12:18	12:27	12:36	12:45	12:54	13:03	13:12	13:21	13:30
10	10:10	10:20	10:30	10:40	10:50	11:00	11:10	11:20	11:30	11:40	11:50	12:00	12:10	12:20	12:30	12:40	12:50	13:00	13:10	13:20	13:30	13:40	13:50	14:00	14:10	14:20	14:30	14:40	14:50	15:00
11	11:11	11:22	11:33	11:44	11:55	12:06	12:17	12:28	12:39	12:50	13:01	13:12	13:23	13:34	13:45	13:56	14:07	14:18	14:29	14:40	14:51	15:02	15:13	15:24	15:35	15:47	15:58	16:08	16:19	16:30
12	12:12	12:24	12:36	12:48	13:00	13:12	13:24	13:36	13:48	14:00	14:12	14:24	14:36	14:48	15:00	15:12	15:24	15:36	15:48	16:00	16:12	16:24	16:36	16:48	17:00	17:12	17:24	17:36	17:48	18:00
12.5	12:43	12:55	13:08	13:20	13:33	13:45	13:58	14:10	14:23	14:35	14:48	15:00	15:13	15:25	15:38	15:50	16:03	16:15	16:27	16:40	16:53	17:05	17:18	17:30	17:43	17:55	18:08	18:20	18:33	18:45
13	13:13	13:26	13:39	13:52	14:05	14:18	14:31	14:44	14:57	15:10	15:23	15:36	15:49	16:02	16:15	16:28	16:41	16:54	17:07	17:20	17:33	17:46	17:59	18:12	18:25	18:38	18:51	19:04	19:17	19:30
14	14:14	14:28	14:42	14:56	15:10	15:24	15:38	15:52	16:06	16:20	16:34	16:48	17:02	17:16	17:30	17:44	17:58	18:12	18:26	18:40	18:54	19:08	19:22	19:36	19:50	20:04	20:18	20:32	20:46	21:00
15	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	22:15	22:30
16	16:16	16:32	16:48	17:04	17:20	17:36	17:52	18:08	18:24	18:40	18:56	19:12	19:28	19:44	20:00	20:16	20:32	20:48	21:04	21:20	21:36	21:52	22:08	22:24	22:40	22:56	23:14	23:30	23:46	24:00
17	17:17	17:34	17:51	18:08	18:25	18:42	18:59	19:16	19:33	19:50	20:07	20:24	20:41	20:58	21:15	21:32	21:49	22:06	22:23	22:40	22:57	23:14	23:31	23:48	24:05	24:22	24:39	24:56	25:13	25:30
18	18:18	18:36	18:54	19:12	19:30	19:48	20:06	20:24	20:42	21:00	21:18	21:36	21:54	22:12	22:30	22:48	23:06	23:24	23:42	24:00	24:18	24:36	24:54	25:12	25:30	25:48	26:06	26:24	26:42	27:00
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